

## Supports a Balanced Response to Stress\*

Adaptogenic herb for stress support\*

- With ongoing use, helps the body adapt to everyday stress\*
- Traditionally used in Ayurveda, the wellness art of India
- Made with the quality you trust

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

◆ LH15387.C01 BLK8171C



BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's  
Way

# ASHWAGANDHA PREMIUM EXTRACT

Reduces Stress\*

500 mg per serving

PLANT  
POWERED



60 VEGAN CAPSULES - DIETARY SUPPLEMENT

**Recommendation:** Adults take 1 capsule, two to three times daily, preferably with food or water.

**Warning:** Do not use if you are pregnant. If you are nursing or taking any medications, consult a health-care professional before use. Individuals with diabetes should monitor blood glucose levels closely while taking this product.

## Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**
Ashwagandha (root) Extract standardized to 3.5% withanolides (17.5 mg)	500 mg**

\*\*Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate, calcium silicate, silica

**GLUTEN FREE.** No wheat, corn, soy, dairy, gelatin, or artificial colors or flavors.