

# Daily Prenatal Multivitamin

With plant-based DHA for healthy eye and brain development\*



Specially formulated for pregnancy, postpartum, and when trying to conceive



DHA plus 100% Daily Value of 8 vitamins and minerals per 2-gummy serving



With Orchard Fruits™ & Garden Veggies™ Powder Blend (50 mg per 2-gummy serving)



Delicious orange and raspberry-lemonade flavored gummies

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

**FREE FROM** gluten, wheat, egg, peanut, dairy, and gelatin.

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA  
Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)



life'sDHA® is a trademark of DSM.

BOTTLE MADE FROM 50% POST-CONSUMER RECYCLED PLASTIC

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WITH  
**PLANT-BASED  
DHA**



# Alive!

## PRENATAL MULTIVITAMIN GUMMY

Support for Mom & Baby

Orchard Fruits™ & Garden Veggies™  
Powder Blend (50 mg per 2-gummy serving)



Orange & Raspberry-  
Lemonade Flavored



**90 GUMMIES - MULTIVITAMIN SUPPLEMENT**

**Recommendation:** Women 19 years of age and older who are pregnant, nursing, or trying to conceive, chew 2 gummies daily. Do not exceed recommended dose. **Warning:** Do not take this product if you have known hypersensitivity to iodine or hyperthyroidism. If you are taking any medications, consult a healthcare professional before use.

### Supplement Facts

Serving Size 2 Gummies  
Servings per Container 45

Amount per Serving	% DV†
Calories	20
Total Carbohydrate	5 g 2%†
Total Sugars	4 g **
Includes 3 g Added Sugars	6%†
Vitamin A (as retinyl palmitate)	650 mcg 50%
Vitamin C (ascorbic acid)	60 mg 50%
Vitamin D3 (as cholecalciferol)	15 mcg 100%
Vitamin E (as dl-alpha tocopheryl acetate)	19 mg 100%
Thiamin (as thiamin HCl)	0.35 mg 25%
Riboflavin	0.4 mg 25%
Niacin (as niacinamide)	18 mg 100%
Vitamin B6 (as pyridoxine HCl)	2 mg 100%
Folate	600 mcg DFE 100% (360 mcg Folic Acid)

Amount per Serving	% DV†
Vitamin B12 (as cyanocobalamin)	2.8 mcg 100%
Biotin	35 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	1.75 mg 25%
Choline (as choline bitartrate)	11 mg 2%
Iodine (as potassium iodide)	290 mcg 100%
Zinc (as zinc citrate)	3.25 mg 25%
Sodium	20 mg 1%
DHA (docosahexaenoic acid from Algal [ <i>Schizochytrium</i> sp.] oil)	50 mg **
Orchard Fruits™ & Garden Veggies™ Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	50 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, natural flavors, citric acid, sodium citrate, vegetable and fruit juice colors