



GENTLE BIRTH

Childbirth Support



EXPECTING & NURSING MOMS



4 fl. oz. (120 mL)

HERBAL DIETARY

96 SERVINGS

Supplement Facts Serving Size: 1/4 tsp

Servings Per Container:

Per Serving

%DV

Proprietary Blend

1.25 mL

Blessed Thistle herb, Red Raspberry leaf, False Unicom root, Partridge Berry herb, Blue Cohosh root, Ginger root, Skullcap herb, Motherwort herb, Wild Yam root, Bayberry root bark.

† Daily Value (DV) not established

Other Ingredients: vegetable glycerin, distilled water and approx. 5% - 10% organic grain alcohol.

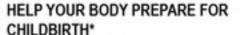
CAUTION: Do not use with products containing herbs already in this formula. Use with caution in cases of high or low blood pressure.



Manufactured and Distributed by: Mountain Meadow Herbs, Inc. 1019 Hard Rock Rd, Somers, MT 59932 888.528.8615 | www.mmherbs.com

SUGGESTED USE: During the last 5 weeks of pregnancy: Week 1: 1/4 tsp. 2 times daily before meals. Weeks 2-5: 1/4 tsp. 3 times daily before meals. Caution: If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.





- Midwife-favorite*
- Experience a comfortable labor and delivery*
- Support a quick recovery*

The MMH Three-Leaf Promise:

Our high-standards produce nothing less than Pure, Safe, and Effective herbal products.

You will always feel that We Care-through our products, our service, and our understanding.

We Deliver On Time.

