

SUGGESTED USE: Children 1-3 yrs: 1/2 Tbsp. Children 4-12 yrs: 1 Tbsp. Shake well, some settling is normal. Refrigerate after opening. **Warning:** Pregnant or nursing women and individuals with a known medical condition should consult with a physician before using this or any dietary supplement. Do not use if safety seal is damaged or missing. **KEEP OUT OF THE REACH OF CHILDREN.**



FULL-SPECTRUM VITAMIN & TRACE MINERAL SUPPORT

- Fast absorption
- With added fruits and greens
- Over 60 trace minerals

The MMH Three-Leaf Promise:

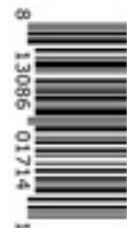
Our high-standards produce nothing less than **Pure, Safe, and Effective** herbal products.

You will always feel that **We Care**—through our products, our service, and our understanding.

We Deliver On Time.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Distributed by:
Mountain Meadow Herbs, Inc.
1019 Hard Rock Rd, Somers, MT 59932
888.528.8615 | www.mmherbs.com

REV. 1



CHILDREN'S VITA-MULTI

Vitamin & Mineral Support



16 fl. oz.
(473 mL) | 32 SERVINGS
HERBAL DIETARY SUPPLEMENT



Mango Flavor

Supplement Facts

Serving Size: 1 Tablespoon (0.5 fl. oz.)
Servings Per Container: 32

	Amount per serv	% Daily Under 4	% Daily Over 4
Calories	20		
Sodium	<10 mg	**	**
Carbohydrates	4 g	1%	1%
Total Sugars	0 g		
Vitamin A (as 100% natural beta carotene)	900 mcg	300%	100%
Vitamin C (as calcium ascorbate)	90 mg	600%	100%
Vitamin D3 (as cholecalciferol from lichen)	20 mcg	133%	100%
Vitamin E (as d-alpha tocopherol acetate)	15 mg	250%	100%
Thiamine Hydrochloride (Vitamin B-1)	1.2 mg	300%	100%
Riboflavin (Vitamin B-2)	1.3 mg	250%	100%
Niacin (as niacinamide) (Vitamin B-3)	16 mg	267%	100%
Vitamin B5 (as pantoic acid hydrochloride)	1.7 mg	340%	100%
Folate (as activated 5-methyltetrahydrofolate from calcium folinate)	400 mcg	267%	100%
Vitamin B12 (as methylcobalamin)	30 mcg	3,333%	1,250%
Biotin	30 mcg	375%	100%
Pantothenic Acid (as D- calcium pantothenate)	5 mg	250%	100%
Choline (from choline bitartrate)	50 mg	25%	9%
Calcium (as mineralized red algae sea minerals) (lithothamnium coralloides/ lithothamnium calcareum) (whole plant)	50 mg	7%	4%
Iodine (as Nascent Iodine)	150 mcg	157%	100%
Magnesium (from Seawater Extract)	25 mg	31%	6%
Zinc (as zinc bisglycinate chelate)	11 mg	367%	100%

Selenium (as selenium glycinate chelate)	55 mcg	275%	100%
Manganese (as manganese bisglycinate chelate)	2.3 mg	192%	100%
Chromium (as chromium polynicotinate)	35 mcg	318%	100%
Molybdenum (as sodium molybdate)	45 mcg	265%	100%
Lutein (as mangold flower extract)	5 mg	**	**
Organic Prebiotic Fiber Support Blend	1 g	**	**
Organic inulin (FOS prebiotic fiber) (blue agave plant)			
Super Phyto-Food Blend	552 mg	**	**
Aloe Vera Juice (aloe barbadensis) (inner leaf gel), Green Coffee Extract, Broccoli Sprout Concentrate, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrate, Broccoli Concentrate, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Elderberry Concentrate, Carrot Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Spinach Concentrate, Kale Concentrate, Bilberry Extract, Brussels Sprout Concentrate			
Omega Fatty Acid Blend	50 mg	**	**
Organic Flax Seed Oil			
Microencapsulated and Fermented Vegan Amino Acid Blend	50 mg	**	**
Glycine, L-Proline, Hydroxyproline, L-Alanine, L-Glutamic Acid, L-Arginine, L-Aspartic Acid, L-Lysine, L-Serine, L-Leucine, L-Phenylalanine, L-Valine, L-Isoleucine, L-Threonine, L-Histidine, L-Methionine, L-Tyrosine, Hydroxylysine			
Prehistoric Deep Earth Fulvic & Sea Trace Mineral Complex	228 mg	**	**
Seawater Extract, Fulvic Acid (as fulvic mineral complex)			
**Daily Value not established † Percent Daily Value is based on a 2000 calorie diet			
Other Ingredients: Water (Reverse Osmosis), Vegetable Glycerin, Natural Flavor, Xanthan Gum, Citrus Extract, Stevia Leaf Extract (Rebudioside A), Quillaja Extract, Citric Acid			