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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# HAIR, SKIN, & NAILS GUMMIES

## Essential Vitamins\*

Cherry Strawberry Flavor



### WOMEN

60 | 30  
GUMMIES | SERVINGS  
HERBAL DIETARY SUPPLEMENT

GF

No  
Added  
Sugar

## Supplement Facts

Serving Size: 2 Gummies  
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrates	5 g	2%**
Vitamin A (as Retinyl Acetate)	1,200 mcg RAE	133%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D3 (as Cholecalciferol)	10 mcg	50%
Vitamin E (dl-alpha-tocopheryl Acetate)	18 mg	120%
Vitamin B6 (as Pyridoxine HCl)	2 mg	118%
Folate (as 400 mcg Folic Acid)	666 mcg DFE	167%
Vitamin B12 (as Cyanocobalamin)	8 mcg	333%
Biotin	5,000 mcg	16,667%
Pantothenic Acid (as Calcium d-pantothenate)	10 mg	200%
Iodine (as Potassium Iodide)	80 mcg	53%
Zinc (as Zinc Citrate)	5 mg	45%
Sodium (as Sodium Citrate)	10 mg	<1%
† Daily Value (DV) not established		
**Percent Daily Values are based on a 2,000 calorie diet		

Other Ingredients: Maltitol, Isomalt, Glycerin, Pectin, Sodium Citrate, Natural Strawberry Flavor, Natural Cherry Flavor, Citric Acid, Vegetable Oil, Purple Carrot Concentrate, Carnauba Wax.

**SUGGESTED USE:** Take 2 gummies daily. **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Keep out of reach of children. Store in a cool, dry place out of sunlight.



### FULL COMPLEX + 5,000MCG BIOTIN\*

- Supports healthy hair growth\*
- Rich in essential vitamins\*
- Promotes healthy skin & nails\*

MOUNTAIN MEADOW HERBS\*

Distributed by: Mountain Meadow Herbs, Inc.  
1019 Hard Rock Rd, Somers, MT 59932  
888.528.8615 | www.mmherbs.com

**WARNING:** Consuming this product can expose you to chemicals including lead which are known to the state of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food)