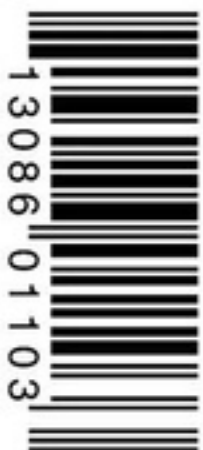


8



3



GENTLE RECOVERY

Feminine Cramp Relief

EXPECTING & NURSING MOMS

4 fl. oz.
(120 mL)

HERBAL DIETARY
SUPPLEMENT

96
SERVINGS



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1/4 tsp

Servings Per Container: 96

Per Serving	%DV
Proprietary Blend	1.25 mL †
Cramp bark, Black Haw bark, Yarrow leaf & flower, St. John's Wort herb	
† Daily Value (DV) not established	

Other Ingredients: vegetable glycerin, distilled water and approx. 5% - 10% organic grain alcohol.

St. John's Wort should not be taken with Rx anti-depressants or birth control.



MOUNTAIN MEADOW HERBS®

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
1019 Hard Rock Rd, Somers, MT 59932
888.528.8615 | www.mmherbs.com



1 dropperful = approx. 1/8 tsp.

SUGGESTED USE: 1/4 tsp. in water as needed. Dosage can be repeated every 15 min. (within reason) until relief is obtained. **See catalog for dosage information.** **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.



POSTPARTUM AND MENSTRUAL SUPPORT*

- Fast-acting*
- Ease cramping and spasms*
- Midwife recommended*

The MMH Three-Leaf Promise:

Our high-standards produce nothing less than **Pure, Safe, and Effective** herbal products.

You will always feel that **We Care**—through our products, our service, and our understanding.

We Deliver On Time.

