

SUGGESTED USE: Adults, as a dietary supplement, dissolve one (1) tablet in 16 oz. (480 mL) of water and drink immediately. Do not swallow tablet directly.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

10293-v102



DR. MERCOLA®

H₂

MOLECULAR HYDROGEN

**Generates 8 ppm of Hydrogen
Per Tablet†**

90 TABLETS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

	Amount Per Serving	%Daily Value
Magnesium	80 mg	19%

OTHER INGREDIENTS: Dextrose, Malic Acid, L-Tartaric Acid, Adipic Acid.

DISTRIBUTED BY:

NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA
(877) 985-2696

Providing quality products
since 2001.



† Generates 8 ppm of hydrogen per tablet in 16 oz. (480 mL) of water measured immediately after tablet dissolves.