



VEGAN



GLUTEN
FREE



NON
STIMULATING

Suggested Use: Take 2 capsules at bedtime with water, or as recommended by your healthcare provider.*

CAUTION: Do not use this product if you have abdominal pain or diarrhea. Decrease serving size in the event of watery stools. This product is not intended to treat chronic constipation. As with any dietary supplement, you should consult your healthcare provider before use, especially if pregnant, nursing, have a medical condition, taking medications, or have known adverse reactions or allergies.

SUPPORTS A HEALTHY GUT

Total Colon Care® Fiber Detox & Cleanse naturally cleanses the bowels and promotes a healthy gut environment for smooth digestion, detoxification, and elimination.*

To learn more about NatureWise Total Colon Care® Fiber Detox & Cleanse and our other great products, please visit us at naturewise.com.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

naturewise®

TOTAL COLON CARE® FIBER DETOX & CLEANSE



**Non-Stimulating
Laxative Formula**

**Helps Cleanse &
Detox the Gut***

**Supports Healthy
Digestion***

60 VEGAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Vegan Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Psyllium Husk (<i>Plantago ovata</i>) (seed)	500 mg	†
Senna Extract (<i>Cassia angustifolia</i>) (leaf) (20% sennosides)	200 mg	†
Cascara Sagrada Extract (<i>Rhamnus purshiana</i>) (bark) (10% cascariosides)	125 mg	†
Licorice Root (<i>Glycyrrhiza glabra</i>)	35 mg	†
Ginger Root (<i>Zingiber officinale</i>)	35 mg	†
Fennel Seed (<i>Foeniculum vulgare</i>)	35 mg	†
Milk Thistle (<i>Silybum marianum</i>) (seed)	35 mg	†
Goldenseal (<i>Hydrastis canadensis</i>) (root)	35 mg	†
Yellow Dock (<i>Rumex crispus</i>) (root)	35 mg	†
Fructooligosaccharides	35 mg	†
Digestive Enzymes (protease, amylase, lipase, cellulase, lactase)	5 mg	†

† Daily Value not established.

Other Ingredients: DR capsule (hypromellose, pectin, purified water, gellan gum), organic rice bran extract, rice flour.

This Product Does Not Contain: Wheat, gluten, dairy, corn, soy, eggs, tree nuts, peanuts, fish, or shellfish.

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KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.
©NatureWise Total Colon Care® Fiber Detox & Cleanse should always be taken in conjunction with a healthy diet and regular exercise program.