



VEGAN



PLANT
BASED



NON-GMO



NON
STIMULATING

Suggested Use: Adults take 1 capsule daily with food, or as recommended by your healthcare provider. ◊

CAUTION: As with any dietary supplement, you should consult your healthcare provider before use, especially if pregnant, nursing, have a medical condition, taking medications, or have known adverse reactions or allergies.

MOOD, STRESS & SLEEP SUPPORT

5-HTP is a plant-based mood support supplement that promotes the production of serotonin in the brain to help reduce stress, curb cravings, and encourage healthy sleep patterns. Our 5-HTP Plus+ formula includes Vitamin B6 to assist with the conversion of 5-HTP into serotonin.

To learn more about NatureWise 5-HTP Plus+ and our other great products, please visit us at naturewise.com

naturewise®

5-HTP Plus+ 200 mg



Promotes Well-Being
and Sleep*

Vitamin B6 for
Serotonin Conversion*

Supports Appetite
Control*◊

30 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	290%
5-HTP (L-5 Hydroxy Tryptophan) (<i>Griffonia simplicifolia</i>) (seed)	200 mg	†

† Daily Value not established.

Other Ingredients: DRcaps™ capsule (hypromellose, gellan gum), rice flour, organic rice bran extract.

This Product Does Not Contain: Wheat, gluten, dairy, corn, soy, eggs, tree nuts, peanuts, fish, or shellfish.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

naturewise.com



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KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. ◊ NatureWise 5-HTP Plus+ should always be taken in conjunction with a healthy diet and regular exercise program.

