

Supplement Facts

Serving Size: 3 Capsules

Servings per Container: 40

	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate, Retinyl Palmitate)	10,000 IU	200%
Vitamin C (as Ascorbic Acid)	300 mg	333%
Vitamin D (as Cholecalciferol)	600 IU	150%
Vitamin E (as dl-alpha Tocopheryl Acetate)	20 mg α-tocopherol	100%
Vitamin K (as Phylloquinone)	80 mcg	67%
Thiamin (as Thiamin Mononitrate)	50 mg	4167%
Riboflavin	50 mg	3846%
Niacin (as Niacinamide)	75 mg NE	469%
Vitamin B6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate (as Folic Acid)	600 mcg DFE	150%
Vitamin B12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as D-Calcium Pantothenate)	50 mg	1000%
Calcium (as Calcium Carbonate)	150 mg	12%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as Selenomethionine)	200 mcg	364%
Copper (as Copper Bisglycinate Chelate)	2 mg	222%
Manganese (as Manganese Sulfate Monohydrate)	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%

Performance Energy Complex 250 mg †

Green Tea Extract (98% Polyphenols, 45% EGCG) (*Camellia sinensis*)(leaf), L-Taurine, L-Tyrosine, Panax Ginseng Extract (stem & leaf) (7% Ginsenosides), Ginkgo Biloba Extract (leaves), L-Leucine, L-Isoleucine, L-Valine

Super-Food Complex 250 mg †

Papaya Leaf Extract, Spirulina Powder (*Spirulina platensis*)(Algae), Wheat Grass Powder (*Triticum aestivum*)(herb), Ginger Root Powder (*Zingiber officinale*), Garlic Powder (*Allium sativum*)(bulb), Acai Extract (*Euterpe oleracea*)(fruit), Noni Fruit Extract, Pomegranate Fruit Powder (*Punica granatum*), Mangosteen Extract (*Garcinia mangostana* L.)(fruit)

Goddess Health Complex 195 mg †

Cranberry Powder (*Vaccinium macrocarpon*)(fruit), Dong Quai Extract (*Angelica sinensis*)(root), Red Clover Extract (*Trifolium pratense*)(aerial parts), Kudzu Extract (*Pueraria lobata*) (root)

† Daily Value not established

Other Ingredients: Gelatin Capsule (Titanium Dioxide), Magnesium Stearate.

1ST PHORM

M-FACTOR

GODDESS

VITAL MICRONUTRIENT SUPPORT
& DELIVERY SYSTEM*

120 CAPSULES
DIETARY SUPPLEMENT