



VEGAN



GLUTEN FREE



DAIRY FREE

Suggested Use: Adults take 1 softgel daily with food, or as recommended by your healthcare provider. Discontinue use 2 weeks prior to surgery. ◊

CAUTION: As with any dietary supplement, you should consult your healthcare provider before use, especially if pregnant, nursing, have a medical condition, taking medications, or have known adverse reactions or allergies.

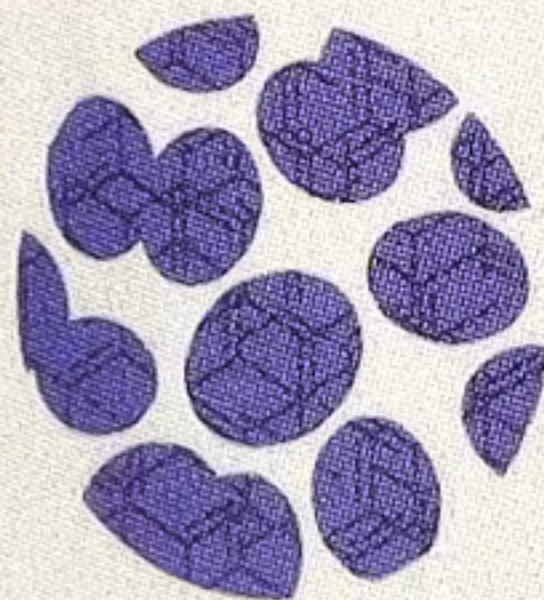
100 MCG MK-7 + 500 MCG MK-4

The human body uses vitamin K to produce a protein called prothrombin, which plays an essential role in blood clotting and helps maintain bone mineral density.* Vitamin K2 promotes heart health by preventing calcium buildup in the blood vessels, and its antioxidant properties help protect cells from free radical damage.* It also supports energy production and normal blood glucose levels.* Menaquinone-7, a subtype of vitamin K2, is the most bioavailable of the menaquinones and has demonstrated the greatest bone building benefits.*

To learn more about NatureWise Vitamin K2 and our other great products, please visit us at naturewise.com.

naturewise®

VEGAN VITAMIN K2 MK-7 & MK-4



Supports Calcium Uptake and Bone Mineralization*

Formulated with VitaMK7®, the Most Advanced Vitamin K2 Menaquinone-7

90 VEGETARIAN SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Softgel
Servings Per Container 90

	Amount Per Serving	% DV
Vitamin K2 MK-4 (as menaquinone 4)	500 mcg	417%
Vitamin K2 MK-7 (as menaquinone VitaMK7®)	100 mcg	83%

Other Ingredients: Modified tapioca Starchgel™ (cassava root), Glycerin, Purified Water, Organic Extra Virgin Olive Oil.

This Product Does Not Contain: Wheat, gluten, dairy, eggs, tree nuts, peanuts, fish, shellfish, yeast, soy, fillers, or binders.

Warning: Contains Vitamin K2. **Warfarin Statement:** Do not use with Warfarin (coumadin) unless under the care of a physician
VitaMK7® is a trademark of Gnosis.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

naturewise.com



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KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. ◊ NatureWise Vitamin K2 should always be taken in conjunction with a healthy diet and regular exercise program.

