



NON-GMO



GLUTEN FREE

**Suggested Use:** Adults take 2 softgels daily, or as recommended by your healthcare provider.®

**CAUTION:** As with any dietary supplement, consult your healthcare provider before using this product, especially if pregnant, nursing, taking medications, or under medical supervision.

### HELPS FIGHT INFLAMMATION\*

Black seeds have been used for centuries and are heavily studied for their pharmacological properties. There are over 600 clinical studies on the benefits of black seeds. The highly nutritious black seed oil is considered to be a "Super Antioxidant", helping the body maintain a healthy inflammatory response. The NatureWise Black Seed Oil uses a natural extraction process from organically grown plants to deliver to you a pure and nutritious oil in an easy-to-swallow softgel.

To learn more about NatureWise Black Seed Oil and our other great products, please visit us at [naturewise.com](http://naturewise.com).

# naturewise®

## ORGANIC BLACK SEED OIL



1,250 mg Per Serving

100% Natural  
Extraction

Pure With  
No Additives

60 SOFTGELS

DIETARY SUPPLEMENT

### Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 30

	Amount Per Serving	% DV
Organic Black Cumin Seed Oil ( <i>Nigella sativa</i> )	1250 mg	†
† Daily Value not established.		

**Other Ingredients:** Softgel (gelatin, glycerin, purified water).  
**This Product Does Not Contain:** Milk, eggs, fish, shellfish, peanuts, tree nuts, gluten, or soy.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

[naturewise.com](http://naturewise.com)



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KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. ® NatureWise Organic Black Seed Oil should always be taken in conjunction with a healthy diet and regular exercise program.

