



ORGANIC
FLAVORS



GLUTEN
FREE



SOY FREE

Suggested Use: Individual needs may vary. Adults start with 1 scoop and gradually increase to 2 scoops per day as needed. Powder dissolves best in room-temperature liquid. To eliminate clumps, use a whisk or wire mixing ball. For best results, divide your daily intake into 2 or 3 servings throughout the day.*

CAUTION: As with any dietary supplement, consult your healthcare provider before using this product, especially if pregnant, nursing, taking medications, or under medical supervision.

ORGANIC MINERAL SOURCE

Magnesium is an essential mineral critical to energy production in every cell of the human body. It's involved in 600 cellular processes and is a cofactor for over 300 enzymatic reactions! With modern diets often full of preservatives and lacking fresh, naturally occurring minerals, magnesium is a common nutrient deficiency. In fact, 68% of American adults do not meet the recommended daily intake. NatureWise's Magnesium Powder formula uses a naturally sourced, bioavailable form of magnesium, blended with organic strawberry, lemon, and carrot flavors to make getting the magnesium you need both easy and delicious!

To learn more about NatureWise Magnesium and our other great products, please visit us at naturewise.com.

naturewise®

MAGNESIUM

325 mg



**Boosts Energy Levels &
Encourages Stress Relief***

**Supports Nerve &
Muscle Function***

**Promotes Healthy
Bone Development***

Strawberry Flavor

NET WT. 264 GRAMS (9.3 OZ)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (4.4 g)
Servings Per Container 60

	Amount Per Serving	% Daily Value
Magnesium (Magnesium Citrate)	325 mg	77%

Other Ingredients: Organic strawberry, organic lemon, citric acid, organic stevia, black carrot powder.

This Product Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, or soy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

naturewise.com



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KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. *NatureWise Magnesium should always be taken in conjunction with a healthy diet and regular exercise program.

