



GLUTEN FREE

Standard Serving: Adults take 3 softgels daily with food, or as recommended by your healthcare provider.

CAUTION: As with any dietary supplement, consult your healthcare provider before using this product, especially if pregnant, nursing, taking medications, or under medical supervision.

MARINE-DERIVED MAGNESIUM

Magnesium is an important mineral required by the human body to maintain energy production levels. This essential mineral is involved in over 600 cellular reactions and is a cofactor for over 300 enzymatic processes in the human body. With today's diets full of preservatives and lacking fresh, naturally occurring minerals, there is a common deficiency in the general population.

In fact, 68% of American adults do not meet the recommended daily intake. Additionally, as we age, our bodies don't absorb the minerals we need to maintain energy production. NatureWise's formula uses a naturally sourced, bioavailable form of magnesium from seawater, blended with organic olive oil for the gentle & natural delivery of this essential mineral to your body.*

To learn more about NatureWise Magnesium and our other great products, please visit us at naturewise.com.

naturewise®

MAGNESIUM

300 mg Aquamin™



Promotes Healthy Bone Development*

Boosts Energy Levels & Encourages Stress Relief*

Supports Nerve & Muscle Function*

90 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Hydroxide) (Aquamin™)	300 mg	71%

Other Ingredients: Organic extra virgin olive oil, gelatin, glycerin, purified water, yellow beeswax, sunflower lecithin, caramel color.

This Product Does Not Contain: Milk, eggs, gluten, fish, shellfish, tree nuts, peanuts, or wheat.

Aquamin™ is a registered trademark of Marigot Ltd.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

naturewise.com



NatureWise
Costa Mesa, CA 92626
800-510-7207

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KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.
NatureWise Magnesium should always be taken in conjunction with a healthy diet and regular exercise program.

