

2 MONTH SUPPLY

SUGGESTED USE:

Ages 2+, take 1 gummy daily or as recommended by a physician or healthcare professional. Do not exceed the recommended dose.

KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis. Discontinue use if any negative reaction occurs.

THIS PRODUCT IS MADE WITHOUT:
Gelatin, Peanuts, Tree Nuts, Fish, Shellfish, Gluten, Milk, Eggs, Soy, Sesame, Mustard, and Sulfites.

Pectin sourced from citrus.
Vegan Vitamin D3 derived from lichen.

2 MONTH SUPPLY



MARY RUTH'S®
VITAMIN D3 + B12
GUMMIES

2 MONTH SUPPLY

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount Per Serving	% DV for 2-3 Years	% DV for 4+ Years
Calories	5		
Total Carbohydrate	2 g	1%**	1%*
Total Sugars	1 g	†	†
Includes 1g Added Sugars		4%**	2%*
Vitamin D (as Cholecalciferol)	25 mcg (1,000 IU)	167%	125%
Vitamin B12 (as Methylcobalamin)	250 mcg	27,778%	10,417%
Sodium	5 mg	<1%**	<1%*

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Percent Daily Values (DV) are based on a 1,000 calorie diet.
†Daily Value (DV) not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Purified Water, Pectin, less than 2% of: Natural Flavor, Citric Acid, and Sodium Citrate.

Distributed by MRO MaryRuth, LLC
Los Angeles, CA 90035
www.maryruthorganics.com

All Ingredients are VEGAN

Connect With Us!

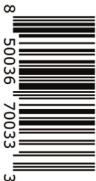
@maryruthorganics
www.maryruthorganics.com

Text our Care Team: (310) 955-1353

— Strawberry —

Flavored with Other Natural Flavor

Dietary Supplement
60 Gummies



RP-R-REV-01