

2 MONTH SUPPLY



SUGGESTED USE:

Ages 2+, take 1 gummy daily or as recommended by a physician or healthcare professional.
Do not exceed the recommended dose.

KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis. Discontinue use if any negative reaction occurs.

THIS PRODUCT IS MADE WITHOUT:
Gelatin, Peanuts, Tree Nuts, Fish, Shellfish, Gluten, Milk, Eggs, Soy, Sesame, and Mustard.

CONTACT US

We love to hear from our customers.
Questions? Feedback?
Please feel free to call or email us!
WeCare@MaryRuthOrganics.com
(310) 955-1353

2 MONTH SUPPLY



VEGAN

25 mcg
VITAMIN
D3
per 1 gummy

MARY RUTH'S®
VITAMIN
D3 + B12
GUMMIES

GLUTEN
FREE

250 mcg
VITAMIN
B12
per 1 gummy

SUGAR
FREE

= Raspberry =
Flavored with Other Natural Flavor

Dietary Supplement
60 Gummies

2 MONTH SUPPLY

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount Per Serving	% DV for 2-3 Years	% DV for 4+ Years
Calories	5		
Total Carbohydrate	2 g	1%**	1%*
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	167%	125%
Vitamin B12 (as Methylcobalamin)	250 mcg	27,778%	10,417%
Sodium	5 mg	<1%	<1%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Percent Daily Values (DV) are based on a 1,000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Organic Isomalto-oligosaccharides*, Organic Erythritol, Purified Water, Pectin; less than 2% of: Citric Acid, Natural Flavor, Sodium Citrate, Organic Fruit Powder Blend (Strawberry Fruit, Blueberry Fruit, Raspberry Fruit, Tart Cherry Fruit, Pomegranate Fruit, Cranberry Fruit, Orange Fruit, Lemon Fruit), and Organic Rebaudioside A. *Adds a dietarily insignificant amount of sugar.

Distributed by MRO MaryRuth, LLC | Los Angeles, CA 90035
www.maryruthorganics.com

All Ingredients are VEGAN