

Support energy, immune function and overall wellness! With nutrients encapsulated in liposomes, this delicious & easy-to-take liquid is formulated for ultra absorption.†

What is Micelle Liposomal delivery?

This is the delivery mechanism for our current liposomal products. Depending on the product, vitamins or other nutrients are encapsulated into nano-sized micelles which are then enveloped into liposomes. The liposomal structures allow the encapsulated substances they are delivering to be absorbed more efficiently by the gut.‡

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LEARN MORE



CONTACT US

We love to hear from our customers. Questions? Feedback? Please feel free to call or email us!
WeCare@MaryRuthOrganics.com
(310) 955-1353



MARY RUTH'S®

ORGANIC WOMEN'S MULTIVITAMIN LIPOSOMAL

Ultra Absorption[†]

Liquid Supplement

Organic Natural
= **VANILLA PEACH** =
Flavored





ENERGY SUPPORT[†]



OVERALL WELLNESS[†]



IMMUNE SUPPORT[†]

Dietary Supplement

14 - 0.5 fl oz (15 mL) Pouches | (Net Wt. 7 fl oz (210 mL))



SUGAR FREE[†]
Not a low calorie food

Broad Spectrum Multivitamin with Liposomal Technology

SUGGESTED USE

Adults 18+, take a whole pouch (15 mL) daily. Can be taken directly or added to your choice of blended beverage or as a topping on a variety of foods. **Do not exceed the recommended dose.**

KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis. Discontinue use if any negative reaction occurs.

NOTE: Herbal supplements may not be appropriate for everyone. Herbal products may interfere with certain medications or complicate health conditions.

3 WAYS TO ENJOY!



Taken directly from pouch



Added to your choice of blended beverage



As a topping on a variety of foods

Supplement Facts

Serving Size 1 Pouch (15 mL)
Servings Per Container 14

Amount Per Serving	% DV for 18+ Years
Calories 70	
Total Fat 5 g	6%*
Polyunsaturated Fat 1 g	†
Monounsaturated Fat 4 g	†
Total Carbohydrate 6 g	2%*
Vitamin A (as Retinyl Palmitate) 1,000 mcg	111%
Vitamin D (as Cholecalciferol) 25 mcg (1,000 IU)	125%
Vitamin E (as D-Alpha Tocopherol) 7 mg	47%
Thiamin (as Thiamine Hydrochloride) 0.6 mg	50%
Riboflavin 8.5 mg	654%
Niacin (as Niacinamide) 7.9 mg	49%
Vitamin B6 (as Pyridoxine Hydrochloride) 1.3 mg	76%
Folate (as L-Methylfolate Calcium) 250 mcg DFE	63%
Vitamin B12 (as Methylcobalamin) 2.5 mcg	104%
Biotin 300 mcg	1,000%
Pantothenic Acid 5 mg	100%
Liposomal Proprietary Blend 3.7 g	†
Organic Sunflower Seed Oil (Organic)	
Phosphatidylcholine, Organic Phosphatidylinositol, Organic Phosphatidylethanolamine, Organic Sterols)	
Proprietary Botanical Blend 1 g	†
Organic Chinese Yam Tuber Extract, Organic Lycium Berry Extract, Organic Ashwagandha Root Extract, Organic Maca Root Extract	
Omega-3 Docosahexaenoic Acid 100 mg (from Algal Oil)	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other Ingredients: Organic Glycerin, Purified Water, Organic Natural Peach Flavor, and Organic Natural Vanilla Flavor.

Distributed by MRO MaryRuth, LLC
Los Angeles, CA 90035
www.maryruthorganics.com
Certified Organic by Organic Certifiers

All Ingredients are **VEGAN** and **NON-GMO**. **NO MSG!**



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VR-U-REV-03



NON-GMO



VEGAN



NO MSG

SINGLE SERVE POUCHES

Organic Natural
= **VANILLA PEACH** =
Flavored





NON-GMO



VEGAN



NO MSG