What is Micelle Liposomal delivery?

This is the delivery mechanism for our current liposomal products. Depending on the product, vitamins or other nutrients are encapsulated into nano-sized micelles which are then enveloped into liposomes. The liposomal structures allow the encapsulated substances they are delivering to be absorbed more efficiently by the gut.‡

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



CONTACT US

We love to hear from our customers. Ouestions? Feedback? Please feel free to call or email us! WeCare@MaryRuthOrganics.com (310) 955-1353



ENERGY SUPPORT*



ORGANIC

LIPOSOMAL

Liquid Supplement

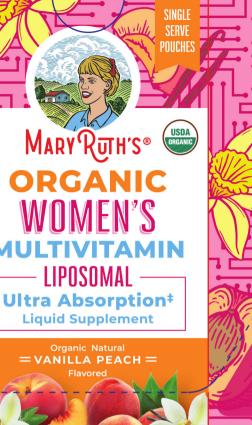
Organic Natural = VANILLA PEACH =

Flavored



Dietary Supplement

14 - 0.5 fl oz (15 mL) Pouches | (Net Wt. 7 fl oz (210 mL))



SUGGESTED USE

Adults 18+, take a whole pouch (15 mL) daily. Can be taken directly or added to your choice of blended beverage or as a topping on a variety of foods. Do not exceed the recommended dose.

ıltivitamin with

KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis. Discontinue use if any negative reaction occurs.

NOTE: Herbal supplements may not be appropriate for everyone. Herbal products may interfere with certain

3 WAYS TO ENJOY!







Added to your choice of blended beverage



MARY RUTH'S

ORGANIC

WOMEN'S

MULTIVITAMIN

- LIPOSOMAL

Ultra Absorption

As a topping on a variety of foods

Supplement Facts

Serving Size 1 Pouch (15 mL) Serving Size 11 oddr (131 Servings Per Container 14

| Amount Per Serving % DV for 1 | 8+ Years |
|--|----------|
| Calories 70 | |
| Total Fat 5 g | 6%* |
| Polyunsaturated Fat 1 g | t |
| Monounsaturated Fat 4 g | † |
| Total Carbohydrate 6 g | 2%* |
| Vitamin A (as Retinyl Palmitate) 1,000 mcg | 111% |
| Vitamin D (as Cholecalciferol) 25 mcg (1,000 | IU) 125% |
| Vitamin E (as D-Alpha Tocopherol) 7 mg | 47% |
| Thiamin (as Thiamine Hydrochloride) 0.6 mg | 50% |
| Riboflavin 8.5 mg | 654% |
| Niacin (as Niacinamide) 7.9 mg | 49% |
| Vitamin B6 (as Pyridoxine Hydrochloride) 1.3 | mg 76% |
| Folate (as L-Methylfolate Calcium) 250 mcg D | FE 63% |
| Vitamin B12 (as Methylcobalamin) 2.5 mcg | 104% |
| Biotin 300 mcg | 1,000% |
| Pantothenic Acid 5 mg | 100% |
| | |

Liposomal Proprietary Blend 3.7 g Organic Sunflower Seed Oil (Organic Phosphatidylcholine, Organic Phosphatidylinositol, Organic Phosphatidylethanolamine, Organic Sterols)
Proprietary Botanical Blend 1 g †

Organic Chinese Yam Tuber Extract, Organic Lycium Berry Extract, Organic Ashwagandha Root Extract, Organic Maca Root Extract

Omega-3 Docosahexaenoic Acid 100 mg (from Algal Oil)

*Percent Daily Values (DV) are based on a 2,000 calorie die †Daily Value (DV) not established.

Other Ingredients: Organic Glycerin, Purified Water, Organi Natural Peach Flavor, and Organic Natural Vanilla Flavor.

All Ingredients are VEGAN and NON-GMO. NO MSG!













SINGLE SERVE POUCHES