

15 MONTH SUPPLY

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THYROID SUPPORT†

Essential part of thyroid hormones
that regulate metabolism.†

MARY RUTH'S®

IODINE
ORGANIC
LIQUID DROPS

= Unflavored =

Dietary Supplement

1 fl oz (30 mL)

Supplement Facts

Serving Size 2 Drops (0.07 mL)
Servings Per Container 450

Amount Per Serving	% DV for 18+ yrs	% DV for Pregnant & Lactating
Iodine 250 mcg (as Potassium Iodide)	167%	86%

Other Ingredients: Organic Glycerin and
Purified Water.Distributed by MRO MaryRuth, LLC
Los Angeles, CA 90035
www.maryruthorganics.comCertified Organic by
Americert InternationalAll Ingredients are
VEGAN and NON-GMO†These statements have not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure or prevent any disease.

SUGGESTED USE:

Shake gently before use. Adults, ages 18+ take 1-2
drops daily or as recommended by a physician or
healthcare professional. Take by mouth or add to
water or juice. Please avoid direct dropper contact
to the skin or mouth in order to prevent product
contamination and damage to the dropper. Do not
exceed the recommended dose.

KEEP OUT OF REACH OF CHILDREN.

We genuinely care about all our customers. Please consult
with a physician or healthcare professional before starting
any health supplement, especially if pregnant or lactating,
taking medication, or if you have a medical diagnosis.
Discontinue use if any negative reaction occurs.

STORE IN A COOL, DRY PLACE • NO REFRIGERATION NECESSARY



LEARN MORE

CONTACT US

We love to hear from our customers.

Questions? Feedback?

Please feel free to call or email us!

WeCare@MaryRuthOrganics.com

(310) 955-1353



FL-U-REV-03

FRAGILE! Glass Bottle