

Suggested Use: Adults take 2 capsules daily, preferably 1 capsule in the AM and 1 capsule in the PM. Children consult with a healthcare practitioner before use.

D-Chiro-Inositol (DCI) is a sugar alcohol complex that is naturally occurring in the body. It acts as a significant secondary messenger in cells and is responsible for key biological processes including:

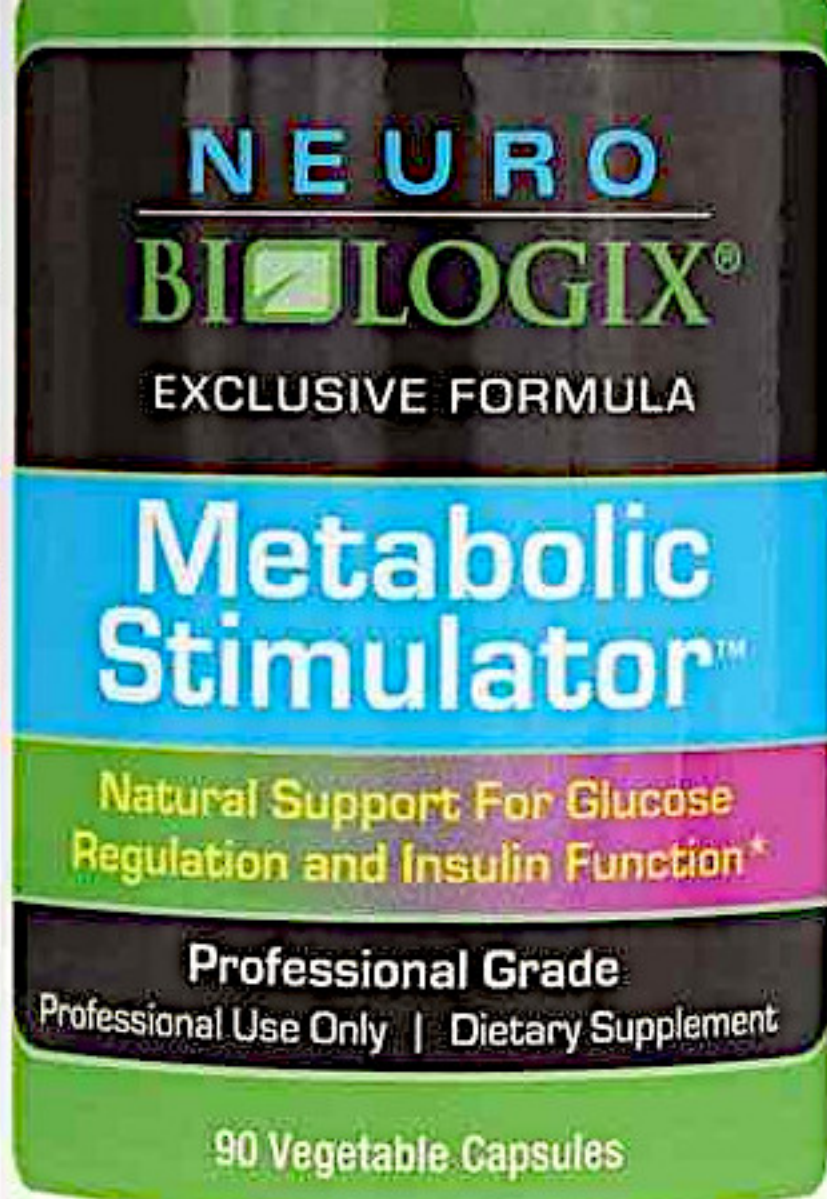
- Improving Insulin signaling (glucose uptake)*
- Increasing glycogen utilization (intracellular energy)*
- mTOR down regulation and breakdown of fats*

Due to genetic weaknesses, the conversion of myo-inositol to DCI can be a challenge and sugar does not get disposed of quickly. This abnormality is known as insulin resistance. DCI along with essential nutrient cofactors assists with insulin signaling and cellular energy.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Storage: Keep tightly closed in a cool, dry place.

Caution: Do not use if pregnant or breast feeding.



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 45

Amount Per Serving		% Daily Value
Chromium (as Chromium Picolinate)	200 mcg	571%
D-Chiro Inositol	300 mg	††
Myo-Inositol	600 mg	††
Phosphatidylserine (from Sunflower Seed Extract)	100 mg	††
Lithium Orotate Complex (9% Lithium)	3 mg	††

†† Daily Value not established.

Other Ingredients: Hypromellose (Capsule), Ascorbyl Palmitate, Silicon Dioxide, Microcrystalline Cellulose.

Free Of: Wheat, gluten, corn protein, soy, dairy products, artificial colors or preservatives.



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