

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule daily with a meal.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, HAVE A BLOOD COAGULATION OR OTHER MEDICAL CONDITION, OR ARE TAKING MEDICATION SUCH AS ANTICOAGULANTS CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

**DR. MERCOLA®**

**VITAMIN K<sub>2</sub>**

**180 mcg MK-7 Per Capsule**

**90 CAPSULES**

**DIETARY  
SUPPLEMENT**

**Supplement Facts**

Serving Size: 1 Capsule  
Servings Per Container: 90

	Amount Per Serving	%Daily Value
Vitamin K <sub>2</sub> (as Menaquinone-7 [MK-7, from Chickpea]) <sup>^</sup>	180 mcg	*

\*Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Glycerol Monostearate, Capsule (Hydroxypropyl Methylcellulose), Ascorbyl Palmitate, Rosemary Leaf Extract.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

<sup>^</sup>MenaQ7<sup>®</sup> is a registered trademark of NattoPharma, Norway.

**SOY  
FREE**

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