

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule daily with a meal.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, HAVE A BLOOD COAGULATION OR OTHER MEDICAL CONDITION, OR ARE TAKING MEDICATION SUCH AS ANTICOAGULANTS, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Providing quality products since 2001.

10237-v204



# DR. MERCOLA®

## CALCIUM WITH VITAMINS D<sub>3</sub> & K<sub>2</sub>

90 Capsules | Dietary Supplement

### Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 90

|   | Amount Per Serving    | % DV |
|---|-----------------------|------|
| Vitamin D <sub>3</sub> (as Cholecalciferol)                                   | 125 mcg<br>(5,000 IU) | 625% |
| Calcium [as Calcium Carbonate (from Eggshell)] <sup>^</sup>                   | 180 mg                | 14%  |
| Vitamin K <sub>2</sub> [as Menaquinone-7 (MK-7, from Chickpea)] <sup>^^</sup> | 180 mcg               | *    |

\*Daily Value (DV) not established

**OTHER INGREDIENTS:** Glycerol Monostearate, Capsule (Hydroxypropyl Methylcellulose), Microcrystalline Cellulose, Medium Chain Triglycerides, Organic Rice Flour, Ascorbyl Palmitate, Rosemary (Leaf) Extract.

**CONTAINS EGG.**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

<sup>^^</sup>MenaQ7® is a registered trademark of NattoPharma AS, Norway.

<sup>^</sup>ESC® is a registered trademark of ESM Technologies, LLC.

**SOY  
FREE**

