

Target-Mins® are made with specific free-form amino acids and uses a calcium: phosphorus ratio of 2:1 to support calcium utilization.* The magnesium and potassium have been added to support cardiovascular health.* Adequate calcium as part of a healthful diet, along with exercise, may reduce the risk of osteoporosis later in life.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR CORN
YES CERTIFIED VEGAN BY THE AVA	NO SOY OR MILK
YES RECYCLABLE PACKAGING	NO SALT OR SUGAR
YES MANUFACTURING SUPPORTS WIND POWER	NO PRESERVATIVES
YES KOSHER	NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
	NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.
ΔPer serving

Lot No: **20K784A**

Best by: **10/23**

06S19DNL



ESTABLISHED
— 1971 —
**Country®
Life**

• TARGET-MINS® •
**CALCIUM
MAGNESIUM
POTASSIUM**

500 mg : 500 mg : 99 mg^Δ
Certified Gluten-Free

- ▶ May support cardiovascular health*
- ▶ Only 2 tablets per day

Dietary Supplement | **180** Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) tablets daily. For best utilization take with food at bedtime and after exercise. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 90

Amount Per Serving		% Daily Value
Calcium (as calcium hydroxyapatite, calcium citrate, calcium aspartate, calcium <i>alpha</i> -ketoglutarate, calcium lysinate)†	500 mg	38%
Phosphorus (as calcium hydroxyapatite)†	250 mg	20%
Magnesium (as magnesium oxide, magnesium citrate, magnesium aspartate, magnesium taurinate, magnesium <i>alpha</i> -ketoglutarate)†	500 mg	119%
Potassium (as potassium citrate, potassium aspartate, potassium <i>alpha</i> -ketoglutarate)†	99 mg	2%

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, silica, vegetable glaze.

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 2486