

Biotin is a water soluble B Vitamin that supports the formation of keratin, a building block for skin, hair and nails.\* Biotin also supports energy metabolism.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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| <b>YES</b> CERTIFIED GLUTEN-FREE BY GFCO.ORG | <b>NO</b> YEAST, WHEAT OR CORN                     |
| <b>YES</b> NON-GMO PROJECT VERIFIED          | <b>NO</b> SOY OR MILK                              |
| <b>YES</b> CERTIFIED VEGAN BY THE AVA        | <b>NO</b> SALT OR SUGAR                            |
| <b>YES</b> RECYCLABLE PACKAGING              | <b>NO</b> PRESERVATIVES                            |
| <b>YES</b> MANUFACTURING SUPPORTS WIND POWER | <b>NO</b> ARTIFICIAL COLORS, FLAVORS OR SWEETENERS |
| <b>YES</b> KOSHER-PARVE                      | <b>NO</b> MAGNESIUM STEARATE                       |

This product has been manufactured at a GMP Registered facility.

Lot No: **20J721-1D**

Best by: **09/23**

02B19NGPVD



ESTABLISHED  
— 1971 —

**Country<sup>®</sup>  
Life**

• HIGH POTENCY •

**BIOTIN**

**10 mg**

**Certified Gluten-Free**

► A vitamin supplement for healthy hair, scalp and nails\*



Dietary Supplement : **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care and lab providers.

**Supplement Facts**

Serving Size 1 capsule

Amount Per Serving	% Daily Value
Biotin (as d-Biotin)	10,000 mcg (10 mg) 33,333%

Other Ingredients: Cellulose, cellulose (capsule shell).

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
Product No. 6508