

Specially formulated with a unique natural form of calcium, as well as other minerals that your body recognizes as similar to its own natural bone composition.[^]

Adequate calcium and Vitamin D throughout life, as a part of a well-balanced diet, may reduce the risk of osteoporosis.

[^]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, WHEAT OR SOY
NO MILK OR PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

FruiteX-B® is a registered trademark of VDF FutureCeuticals, Inc. U.S. Patent Nos. 6696419, 6924269, 8809284, 9271994, 9421216, 9102700.

This product has been manufactured at a GMP Registered facility.

Lot No:

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Best by: 05/24



ESTABLISHED
— 1971 —

Country®
Life

• TRIPLE ACTION •
BONE SOLID®

Certified Gluten-Free
With Patented FruiteX-B®
Clinically Studied MCHA and Vitamin K

Clinically shown to:

- 1 Increase Mineral Utilization[^]
- 2 Strengthen Bones[^]
- 3 Support Bone Metabolism[^]

Dietary Supplement **240 Capsules** — Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take three (3) capsules twice daily with food (for a total of 6 per day). Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 6 capsules
Servings Per Container 40

Amount Per Serving	% Daily Value
Protein	1 g 2%*
Vitamin C (from ascorbic acid, potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	100 mg 111%
Vitamin D (D3) (as cholecalciferol - from Lanolin)	25 mcg (1,000 IU) 125%
Vitamin K (as phytonadione (K1) and Menaquinone (K2)(MK7))	1,010 mcg 838%
Calcium (from microcrystalline hydroxyapatite, tricalcium phosphate, calcium fructoborate, calcium ascorbate)†	1,011 mg 78%
Phosphorus (from microcrystalline hydroxyapatite, tricalcium phosphate)†	500 mg 40%
Magnesium (from magnesium oxide, ascorbate, alpha-ketoglutarate, aspartate, citrate, taurinate)†	500 mg 119%
Zinc (from zinc ascorbate, citrate)†	10 mg 91%
Copper (as copper ascorbate)†	0.03 mg 3%
Manganese (from manganese citrate, ascorbate)†	1.2 mg 52%
Chromium (from chromium ascorbate)†	24 mcg 69%
Potassium (from potassium ascorbate)†	8 mg <1%
MCHA (microcrystalline hydroxyapatite)	4,170 mg (4.17 g) **
Calcium Fructoborate (FruiteX-B®) providing Boron	250 mg 6 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, stearic acid, magnesium stearate, silica.
† Country Life always labels minerals in elemental weight. **CAUTION:** If you are pregnant or nursing, taking medication (especially anti-coagulants, blood thinners), have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken.** Store in a dry place between 59° - 86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 5044