### AT THE HEART OF ORGANIC INDIA

is our commitment to be a living embodiment of love and consciousness in action. All our products promote health and happiness and are made with loving care.



Ethical, Authentic, Reliable, Trustworthy, Holistic Socially, Environmentally, Economically Responsible



### PREBIOTIC FIBER

Supports Heart Health\*\*

Nourishes beneficial gut bacteria\*

**AYURVEDIC HERBS** 

Improves digestion and nutrient assimilation\*

Includes soothing Chandrashoor seeds\* **PROBIOTICS** 

Supports a healthy gut microbiome\*

Supports immune health

Heat-stable B. coagulans great for baking



SUGGESTED USE: Persons 12 years and older: 1-2 servings daily before or between meals.

DIRECTIONS: Blend 1 tsp into a smoothie or mix 1 tsp with at least 10oz of water or juice. Stir and drink immediately. Mixture will thicken - increase liquid to achieve desired consistency. For best results, drink an additional glass of water after taking to ensure hydration.



### Vegan Egg Replacement:

For baking, mix 1 tsp per egg in with dry ingredients and omit eggs.

#### **VEGAN • VEGETARIAN • GLUTEN FREE**

PLEASE NOTE: This product needs to be consumed with at least 10 oz. of liquid. Using this product without enough liquid may cause choking. Do not use this product if you have difficulty in swallowing.

organicindiausa.com (O)

@organicindiausa



Scan for recipes

#healthyconsciousliving WARNING: Reproductive Harm - www.P65Warnings.ca.gov.

\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Pictured at the front is one of our beloved farmers



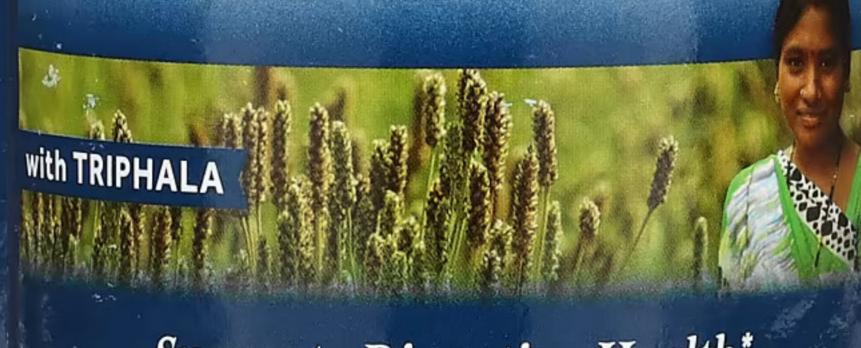


## ORGANIC INDIA®

# PSYLLIUM PRE & PROBIOTIC FIBER

Psyllium Powder & Probiotics

### ORIGINAL



Supports Digestive Health\*

Prebiotic Fiber Probiotics Ayurvedic Herbs

DETARY SUPPLEMENT ETWT 10 OZ (283.5g)









## **Supplement Facts**

Serving Size 1 rounded tsp (5g) Servings Per Container 56

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%*
Dietary Fiber	4 g	14%*
Soluble Fiber	2 g	†
Insoluble Fiber	1 g	†
Iron	1 mg	6%
Proprietary Blend	4.8 g	†
Organic psyllium h	usk and seed	
Organic psyllium s	eed	
Organic garden cre	ess seed	
Bacillus coagulans		
Rebaudioside A		
Organic Triphala Bl	end 220 mg	†
Organic amla fruit		
Organic belleric m	yrobalan fruit	
Organic chebulic myrobalan fruit		
*Percent Daily Values are based on a 2,000 calorie diet		

Distr by: ORGANIC INDIA USA Boulder, CO 80302 USA 1-888-550-8332 organicindiausa.com

† Daily Value not established.





Mfd by: ORGANIC INDIA Pvt. Ltd. C-5/10, Agro Park, Phase-II, UPSIDC Industrial Area, Kursi Road, Barabanki-225302, Uttar Pradesh, INDIA



Certified Organic as per NPOP by SGS INDIA PVT. LTD. Processed &





NPOP/NAB/009 produced as per NPOP standard of India Certified Organic by Control Union

Product produced and processed according to USDA NOP standard

PRODUCT OF INDIA FOR EXPORT TO USA Mfg. Lic. No. A-2755

\*\*Soluble fiber from foods such as psyllium as a part of a diet low in saturated fat and cholesterol and high in fruits,

vegetables, and grain products that contain fiber, may reduce the risk of heart disease. A serving of psyllium provides 3 grams of the 7 grams of soluble fiber from psyllium necessary per day to have this effect.

See bottom of container for lot number, manufacture and expiration date.

CONSUME WITHIN 2 MONTHS AFTER OPENING.
STORE IN A COOL, DRY PLACE AWAY FROM SUNLIGHT.