

AT THE HEART OF ORGANIC INDIA
is our commitment to be a living embodiment
of love and consciousness in action.
All our products promote health and happiness
and are made with loving care.



Ethical, Authentic, Reliable, Trustworthy, Holistic
Socially, Environmentally, Economically Responsible

PREBIOTIC FIBER	AYURVEDIC HERBS	PROBIOTICS
Supports Heart Health**	Improves digestion and nutrient assimilation*	Supports a healthy gut microbiome*
Nourishes beneficial gut bacteria*	Includes soothing Chandrashoor seeds*	Supports immune health*
		Heat-stable B. coagulans great for baking

KETO

PALEO

VEGAN

GLUTEN FREE

SUGGESTED USE: Persons 12 years and older: 1-2 servings daily before or between meals.

DIRECTIONS: Blend 1 tsp into a smoothie or mix 1 tsp with at least 10oz of water or juice. Stir and drink immediately. Mixture will thicken - increase liquid to achieve desired consistency. For best results, drink an additional glass of water after taking to ensure hydration.

Vegan Egg Replacement:
For baking, mix 1 tsp per egg in with dry ingredients and omit eggs.

VEGAN • VEGETARIAN • GLUTEN FREE

PLEASE NOTE: This product needs to be consumed with at least 10 oz. of liquid. Using this product without enough liquid may cause choking. Do not use this product if you have difficulty in swallowing.

organicindiausa.com

@organicindiausa

#healthyconsciousliving



Scan for recipes

WARNING: Reproductive Harm - www.P65Warnings.ca.gov.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Pictured at the front is one of our beloved farmers

**NEW LOOK
SAME GREAT
FORMULA**



**ORGANIC
INDIA®**

PSYLLIUM PRE & PROBIOTIC FIBER

Psyllium Powder & Probiotics

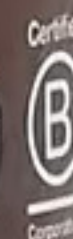
CINNAMON SPICE

with **TRIPHALA**

*Supports Digestive Health**

Prebiotic Fiber ♡ Probiotics ♡ Ayurvedic Herbs

DIETARY SUPPLEMENT
NET WT 10 OZ (283.5g)



HEALTHY CONSCIOUS LIVING

Supplement Facts

Serving Size 1 rounded tsp (5g)
Servings Per Container 56

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%*
Dietary Fiber	4 g	14%*
Soluble Fiber	2 g	†
Insoluble Fiber	1 g	†
Iron	1 mg	6%
Proprietary Blend	4.8 g	
Organic psyllium husk and seed		
Organic psyllium seed		
Organic cinnamon bark		
Organic garden cress seed		
Bacillus coagulans		
Organic clove bud		
Rebaudioside A		
Organic Triphala Blend	220 mg	
Organic amla fruit		
Organic belleric myrobalan fruit		
Organic chebulic myrobalan fruit		

*Percent Daily Values are based on a 2,000 calorie diet
† Daily Value not established.

Distr by: **ORGANIC INDIA USA**
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Mfd by: **ORGANIC INDIA Pvt. Ltd.**
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NPOP/NAB/009

Certified Organic as per NPOP by
SGS INDIA PVT. LTD. Processed &
produced as per NPOP standard of India



Certified Organic by Control Union
CU-801983.
Product produced and processed according
to USDA NOP standard

PRODUCT OF INDIA FOR EXPORT TO USA Mfg. Lic. No. A-2755

**Soluble fiber from foods such as psyllium as a part of a diet low in saturated fat and cholesterol and high in fruits, vegetables, and grain products that contain fiber, may reduce the risk of heart disease. A serving of psyllium provides 3 grams of the 7 grams of soluble fiber from psyllium necessary per day to have this effect.

See bottom of container
for lot number,
manufacture
and expiration date.

CONSUME WITHIN 2 MONTHS AFTER OPENING.
STORE IN A COOL, DRY PLACE AWAY FROM SUNLIGHT.

