

Learn about our seals:
megafood.com/standards

*Made without milk, eggs, peanuts, tree nuts, soy, wheat, fish, shellfish and sesame.



†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood®

From Farm to Tablet*

Vitamin D3

1000 IU (25 mcg)

Supports immune & bone health†
Plus real food

90 TABLETS / 90 SERVINGS DIETARY SUPPLEMENT



Suggested Use: Adults take 1 tablet daily with a beverage.
May be taken any time of day, even on an empty stomach.

Supplement Facts

Serving size 1 tablet Servings per container 90

Amount per serving	% DV
Vitamin D3 (as fermented cholecalciferol) 25 mcg (1000 IU)	125%

***Food Blend 724 mg** **
Organic brown rice, *S. cerevisiae*, organic parsley leaf, organic broccoli, organic carrot, organic beetroot

** % Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, stearic acid, silicon dioxide, ferment media (rice protein, organic brown rice, yeast [inactive], autolyzed yeast extract) hypromellose.

MADE BY MEGAFOOD, PO BOX 5244, MANCHESTER, NH 03108 USA
MEGAFOOD.COM • 800.848.2542

MegaFood Vitamin D3 1000 IU (25 mcg) promotes healthy immune function and bone health.† Vitamin D3 cholecalciferol is the more easily absorbed and utilized form of vitamin D.

Satisfaction guaranteed or your money back.

We believe the most nutritious food comes from healthy soil. Our goal is to partner with farmers who share our commitment to regenerative agriculture, working to nourish the soil for quality ingredients that make for premium supplements.

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Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.
Do not use if seal under cap is broken or missing.



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Rev: 19 05/22
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