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# MegaFood®

## Relax + Calm<sup>†</sup> Magnesium

**CITRATE, MALATE, GLYCINATE**

Supports muscle relaxation, may ease muscle tension, and helps promote a sense of calm<sup>†</sup>

**Raspberry Lemonade**

Flavored with other natural flavors

50 SERVINGS / NET WT 200 g (7.05 oz) **DIETARY SUPPLEMENT**



**Suggested Use:** Adults mix 1 level scoop with 4-6 oz. of water daily. May be taken any time of day.

### Supplement Facts

Serving size: 1 level scoop (4 g)  
Servings per container: 50

Amount per serving	% DV
Calories 10	
Total carbohydrate 3 g	1%*
Magnesium (as magnesium citrate, magnesium malate, and magnesium glycinate) 300 mg	71%

\* % Daily Value (DV) based on a 2,000 calorie diet

**Other Ingredients:** Maltodextrin, citric acid, natural flavors, monk fruit extract (*Siraitia grosvenorii*).

MADE FOR MEGAFOOD,  
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MegaFood Relax + Calm<sup>†</sup> Magnesium Powder contains a highly absorbable magnesium combination of citrate, malate, and glycinate. Each serving offers a great-tasting alternative to tablets and may ease muscle tension and promote a sense of calm and relaxation.<sup>†</sup>

Satisfaction guaranteed or your money back.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

ACTUAL FILL



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