

Learn about our seals:
megafood.com/standards

*Made without milk, eggs, peanuts, tree nuts, soy, wheat, fish, shellfish and sesame.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood®

Relax + Calm[†] Magnesium

CITRATE, MALATE, GLYCINATE

Supports muscle relaxation, may ease muscle tension, and helps promote a sense of calm[†]

Blackberry Hibiscus Oasis

Flavored with other natural flavors

50 SERVINGS / NET WT 200 g (7.05 oz) **DIETARY SUPPLEMENT**



Suggested Use: Adults mix 1 level scoop with 4-6 oz. of water daily. May be taken any time of day.

Supplement Facts

Serving size: 1 level scoop (4 g)
Servings per container: 50

Amount per serving	% DV
Calories 10	
Total carbohydrate 3 g	1%*
Magnesium (as magnesium citrate, magnesium malate, and magnesium glycinate) 300 mg	71%

* % Daily Value (DV) based on a 2,000 calorie diet

Other Ingredients: Maltodextrin, natural flavors, citric acid, monk fruit extract (*Siraitia grosvenorii*).

MADE FOR MEGAFOOD,
PO BOX 5244, MANCHESTER, NH 03108 USA
MEGAFOOD.COM • 800.848.2542

MegaFood Relax + Calm[†] Magnesium Powder contains a highly absorbable magnesium combination of citrate, malate, and glycinate. Each serving offers a great-tasting alternative to tablets and may ease muscle tension and promote a sense of calm and relaxation.[†]

Satisfaction guaranteed or your money back.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

ACTUAL FILL



REV: 4 04/22

Lot#: 60170004
Best By: May 2024

