

Learn about our seals:
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*Made without milk, eggs, peanuts, tree nuts, soy, wheat, fish, shellfish and sesame.
†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood[®]

From Farm to Tablet*

Magnesium

An essential mineral
for muscle relaxation†

90 TABLETS / 90 SERVINGS **DIETARY SUPPLEMENT**



Suggested Use: Adults take 1 tablet daily with a beverage. May be taken any time of day, even on an empty stomach.

Supplement Facts	
Serving size 1 tablet	Servings per container 90
Amount per serving	% DV
Magnesium (as fermented magnesium bisglycinate) 50 mg	12%
*Organic spinach 50 mg	**

** % Daily Value (DV) not established

Other Ingredients: Ferment media (organic brown rice, rice protein, autolyzed yeast extract, yeast [inactive]), microcrystalline cellulose, stearic acid, hypromellose, silicon dioxide.

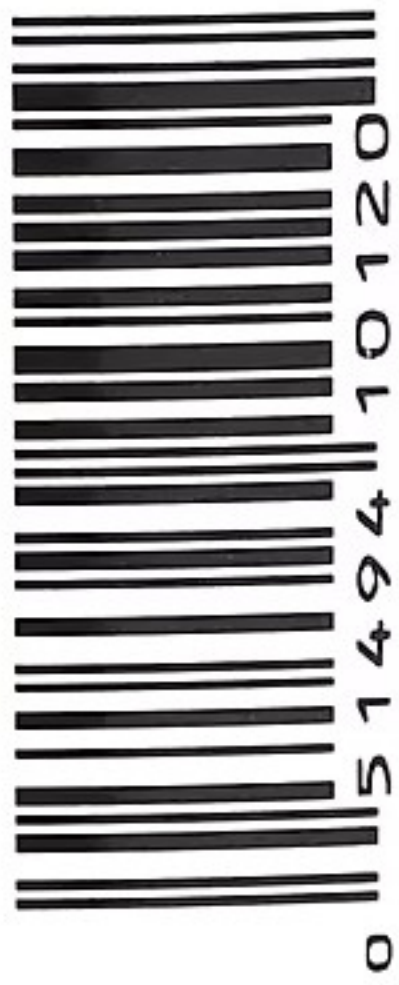
MADE BY MEGAFOOD, PO BOX 5244, MANCHESTER, NH 03108 USA
MEGAFOOD.COM • 800.848.2542

MegaFood Magnesium helps support a healthy heart, the nervous system, and muscle relaxation.†

Satisfaction guaranteed or your money back.

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Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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