



Certified



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood®

Blood Builder® Liquid Iron

Once Daily

- Formulated to
- Support healthy energy*
 - Be non-constipating & gentle on the stomach*



Orchard Fruit

Flavored with tart cherry, apple & pear juice concentrate with other natural flavors

IRON SUPPLEMENT 15.8 FL OZ (470 mL)



Suggested Use: Shake well before use. Adults: take 2 teaspoons (10 mL) daily.

Supplement Facts

Serving size: 2 tsp (10 mL)
Servings per container 47

Amount per Serving	% DV
Calories 30	
Total Carbohydrate 7 g	3%*
Total Sugars 1 g	**
Vitamin B12 (as cyanocobalamin) 10 mcg	417%
Iron (as fermented iron bisglycinate) 27 mg	150%

* % Daily Value (DV) based on a 2,000 calorie diet
** % Daily Value (DV) not established

Other Ingredients: Organic glycerin, water, apple juice concentrate, pear juice concentrate (*Pyrus* sp.), tart cherry juice concentrate, natural flavors, beetroot juice concentrate, citrus peel extract (to preserve freshness).

Made for MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com • 800.848.2542

MegaFood Blood Builder® Liquid Iron Once Daily is formulated to support healthy energy levels, be non-constipating, and gentle on the stomach.*

This MegaFood product is made with fruit and vegetable juices plus added nutrients. Satisfaction guaranteed or your money back.

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Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store tightly sealed in a cool place and refrigerate after opening. Once open, consume within two months

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