



**DOCTOR  
FORMULATED**

RESEAL  
HERE

# MegaFood<sup>®</sup> Baby & Me 2<sup>™</sup>

**MORNING SICKNESS  
NAUSEA RELIEF\***



**SOFT CHEWS  
HONEY LEMON GINGER**

Natural lemon flavor with other natural flavors



30 INDIVIDUALLY WRAPPED  
SOFT CHEWS • 30 SERVINGS

**DIETARY SUPPLEMENT**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Reseal for  
Optimal  
FRESHNESS

## MegaFood<sup>®</sup>

MegaFood Baby & Me, Morning Sickness Nausea Relief\* combines two well-known nausea-relief ingredients- ginger and vitamin B6- into a convenient soft chew to help alleviate nausea related to morning sickness, upset stomach and occasional indigestion.\* Each chew has farm-fresh organic ginger root, and a natural organic wildflower honey and natural lemon flavor. They can be taken any time of day, even on an empty stomach.



We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture.

[megafood.com/farmers](http://megafood.com/farmers)

This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients. This vitamin is paired with a whole food in our unique process. Satisfaction guaranteed or your money back.



For more information about our seals, please visit  
[megafood.com/standards](http://megafood.com/standards).

**Suggested Use:** Take 1 soft chew 3 times per day. For maximum benefit use for at least 3 days. Take as directed and do not exceed 3 chews per day.

## Supplement Facts

Serving Size 1 Soft Chew Servings per Container 30

| Amount Per Serving                                                           | % DV for Pregnant Women |
|------------------------------------------------------------------------------|-------------------------|
| Calories 20                                                                  |                         |
| Total Carbohydrate 4 g                                                       | 2%*                     |
| Total Sugars 2 g                                                             | **                      |
| Includes 2 g Added Sugars                                                    | 4%*                     |
| Vitamin B6 (as pyridoxine hydrochloride with <i>S. cerevisiae</i> )† 12.5 mg | 625%                    |
| Organic Ginger Root 250 mg                                                   | **                      |
| ** % Daily Value (DV) not established                                        |                         |
| * % Daily Value (DV) based on a 2,000 calorie diet                           |                         |

**Other Ingredients:** Organic rice syrup, organic cane sugar, rice bran, organic wildflower honey, sunflower lecithin, palm oil††, organic tapioca starch, natural flavors, glycerin, rosemary leaf extract (to preserve freshness).

Made for MegaFood, PO Box 5244, Manchester, NH 03108 USA  
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Tieraona Low Dog, M.D., our Chief Medical Advisor, is an award-winning physician and expert in dietary supplementation.

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Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

††Sustainably sourced and certified by the Roundtable of Sustainable Palm Oil (RSPO)

