Learn about our seals: megafood.com/standards















Megatood®



LIQUID-FILLED

CAPSULES WITH

BEADLETS

DHA & CHOLINE

Supports baby's development during pregnancy with two key nutrients:

- DHA may help support brain & eye development
- Choline helps support brain development

 WERTFIED

 VERIFIED

60 LIQUID CAPSULES / 30 SERVINGS



Suggested Use: Adults take 2 liquid capsules any time with food and

Supplement Facts

Serving size 2 liquid capsules

Servings per container 30

Amount per serving	% DV
Calories 10	
Total Fat 1 g	1%*
Saturated Fat 0.5 g	3%*
Choline (as choline bitartrate) 200 mg	36%

** % Daily Value (DV) not established

Percent Daily Values are based on a 2000 calorie diet

Algal DHA (from Schizochytrium sp.) 250 mg

Other Ingredients: MCT (palm kernel oil medium chain triglycerides*), hypromellose, microcrystalline cellulose, silicon dioxide, sunflower oil, tocopherols (to preserve freshness), rosemary extract (to preserve freshness), mono and diglycerides.

MADE FOR MEGAFOOD, PO BOX 5244, MANCHESTER, NH 03108 USA MEGAFOOD.COM • 800.848.2542

*Sustainably sourced palm oil.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

Do not use if seal under cap is broken or missing.

Helps support pregnant & breastfeeding mom with nutrition she needs to feed her baby. Pair this product with Baby & Me 2 Multi or Postnatal Multi for optimal nutrition support. Baby and Me2 DHA & Choline uniquely pairs liquid, plant-based DHA from algae with slow-release choline beadlets to deliver two key nutrients over a sustained period of time.

Satisfaction guaranteed or your money back.

in every bottle



LIQUID-FILLED CAPSULES WITH SLOW-RELEASE BEADLETS



Premium, plant-based DHA from algae

Choline beadlets

Vegetable capsule

VidaSpheres® is licensed exclusively by Nutracode, LLC

F1455B Rev: 9 11/22