

PROD. NO. 17310

KEEP OUT OF REACH OF  
CHILDREN. STORE IN A DRY  
PLACE AND AVOID EXCESSIVE  
HEAT. TAMPER RESISTANT. DO  
NOT USE IF SEAL UNDER CAP  
IS BROKEN OR MISSING.

Carefully Manufactured by  
**Vitamin World, Inc.**  
Ronkonkoma, NY 11779 U.S.A.  
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VITAMIN WORLD

MAN50+

# ULTRA VITA

# MAN 50+

## HIGH POTENCY

**Specifically Designed to Address Key  
Health Concerns of Male Baby Boomers\***

**90 COATED TABLETS**  
**DIETARY SUPPLEMENT**

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 45

| Amount Per Serving                                                                                                           | %Daily Value |        |
|------------------------------------------------------------------------------------------------------------------------------|--------------|--------|
| Vitamin A (as Beta-Carotene and Retinyl Acetate)                                                                             | 5,000 IU     | 100%   |
| Vitamin C (as Ascorbic Acid)                                                                                                 | 300 mg       | 500%   |
| Vitamin D (as Cholecalciferol)                                                                                               | 400 IU       | 100%   |
| Vitamin E (as d-Alpha Tocopheryl Acetate)                                                                                    | 100 IU       | 333%   |
| Vitamin K (as Phyltonadione)                                                                                                 | 80 mcg       | 100%   |
| Thiamin (Vitamin B-1) (as Thiamin Mononitrate)                                                                               | 30 mg        | 2,000% |
| Riboflavin (Vitamin B-2)                                                                                                     | 30 mg        | 1,765% |
| Niacin (as Niacinamide)                                                                                                      | 30 mg        | 150%   |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                                                                                    | 30 mg        | 1,500% |
| Folic Acid                                                                                                                   | 400 mcg      | 100%   |
| Vitamin B-12 (as Cyanocobalamin)                                                                                             | 300 mcg      | 5,000% |
| Biotin                                                                                                                       | 500 mcg      | 167%   |
| Pantothenic Acid (as d-Calcium Pantothenate)                                                                                 | 30 mg        | 300%   |
| Calcium                                                                                                                      | 200 mg       | 20%    |
| (as Calcium Carbonate, Dicalcium Phosphate, Calcium Citrate)                                                                 |              |        |
| Iodine (as Potassium Iodide)                                                                                                 | 150 mcg      | 100%   |
| Magnesium (as Magnesium Oxide)                                                                                               | 100 mg       | 25%    |
| Zinc (as Zinc Oxide)                                                                                                         | 25 mg        | 167%   |
| Selenium (as Sodium Selenate)                                                                                                | 200 mcg      | 286%   |
| Copper (as Cupric Oxide)                                                                                                     | 2 mg         | 100%   |
| Manganese (as Manganese Gluconate)                                                                                           | 2 mg         | 100%   |
| Chromium (as Chromium Chloride)                                                                                              | 200 mcg      | 167%   |
| Molybdenum (as Sodium Molybdate)                                                                                             | 75 mcg       | 100%   |
| Chloride (as Potassium Chloride)                                                                                             | 27.2 mg      | 1%     |
| Sodium                                                                                                                       | 10 mg        | <1%    |
| Potassium (as Potassium Chloride)                                                                                            | 30 mg        | 1%     |
| Antioxidant Blend                                                                                                            | 52.6 mg      | **     |
| Bilberry ( <i>Vaccinium myrtillus</i> ) (leaf), Citrus Bioflavonoids ( <i>Citrus spp.</i> ) (fruit), Zeaxanthin, Astaxanthin |              |        |
| Flax ( <i>Linum usitatissimum</i> ) (seed)                                                                                   | 50 mg        | **     |
| Acetyl L-Carnitine HCl                                                                                                       | 50 mg        | **     |
| Garlic ( <i>Allium sativum</i> ) (bulb)                                                                                      | 50 mg        | **     |
| Vanadium (as Vanadium Amino Acid Chelate)                                                                                    | 50 mcg       | **     |
| Chondroitin Sulfate                                                                                                          | 25 mg        | **     |
| Saw Palmetto 4:1 Extract ( <i>Serenoa repens</i> ) (fruit)                                                                   | 40 mg        | **     |
| (Equivalent to 160 mg of Saw Palmetto)                                                                                       |              |        |
| Alpha Lipoic Acid                                                                                                            | 25 mg        | **     |

| Amount Per Serving                                                            | %Daily Value |    |
|-------------------------------------------------------------------------------|--------------|----|
| Pumpkin Seed ( <i>Cucurbita pepo</i> )                                        | 30 mg        | ** |
| Glucosamine Hydrochloride                                                     | 25 mg        | ** |
| Procyanidol™ (Grape Extract<br>( <i>Vitis rotundifolia</i> ) (skin and seed)) | 5 mg         | ** |
| Pygeum ( <i>Pygeum africanum</i> ) (bark)                                     | 25 mg        | ** |
| Choline Bitartrate                                                            | 30 mg        | ** |
| Inositol                                                                      | 30 mg        | ** |
| L-Methionine                                                                  | 10 mg        | ** |
| L-Arginine (as L-Arginine Hydrochloride)                                      | 100 mg       | ** |
| L-Cysteine Hydrochloride                                                      | 50 mg        | ** |
| Oyster Extract                                                                | 10 mg        | ** |
| Methylsulfonylmethane (MSM)                                                   | 25 mg        | ** |
| Silica (as Silicon Dioxide)                                                   | 4 mg         | ** |
| Maca ( <i>Lepidium meyenii</i> ) (root)                                       | 5 mg         | ** |
| Ginkgo Biloba Extract ( <i>Ginkgo biloba</i> ) (leaf)                         | 120 mg       | ** |
| (Standardized to contain 24% Ginkgo Flavone Glycosides, 28.8 mg)              |              |    |
| Green Tea ( <i>Camellia sinensis</i> ) (leaf)                                 | 10 mg        | ** |
| Boron (as Boron Citrate)                                                      | 2 mg         | ** |
| Neuro PS® Phosphatidylserine                                                  | 10 mg        | ** |
| Lutein                                                                        | 1 mg         | ** |
| Lycopene                                                                      | 1 mg         | ** |
| Super Oxide Dismutase                                                         | 10 mcg       | ** |
| Pycnogenol® ( <i>Pinus pinaster</i> )<br>(Maritime Pine Bark Extract)         | 2 mcg        | ** |

\*\* Daily Value not established.

**Other Ingredients:** Cellulose (Plant Origin), Croscarmellose, Mannitol, Vegetable Magnesium Stearate, Gelatin, Sucrose, Cellulose Coating, Povidone.

Contains milk, soy, wheat, and shellfish (shrimp, crab, lobster, crayfish) ingredients.

**Directions:** For adult men, take two (2) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**FREE OF:** yeast, preservatives, artificial color, artificial flavor.

**WARNING:** This product is intended for use by men and is not intended for use by women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you have Wilson's disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

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\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.