



LifeEssenceTM WOMEN

WHOLE FOOD BASED
MULTIVITAMIN

OVER 23,800 MG WHOLE FOOD POWER
AMAZINGLY ENERGIZING*

120 TABLETS | 30 SERVINGS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 4 Tablets
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as beta carotene) (4500 IU)	1350 mcg	150%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D3 (as VitaShine TM vegan cholecalciferol) (1000 IU)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate) (200 IU)	166 mg	1107%
Vitamin K2 (as menaquinone-7) (VitaMK7 [®])	50 mcg	42%
Thiamine (Vitamin B1) (as thiamine mononitrate)	22.5 mg	1875%
Riboflavin (Vitamin B2)	25.5 mg	1962%
Niacin (as niacinamide, niacin)	100 mg	625%
Vitamin B6 (as pyridoxine HCl)	30 mg	1765%
Folate (as Quatrefolic [®] (6S)-5-Methyltetrahydrofolate, glucosamine salt)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	200 mcg	8333%
Biotin (as d-biotin)	1000 mcg	3333%
Pantothenic acid (as d-calcium pantothenate)	100 mg	2000%
Choline (as Choline bitartrate)	40 mg	7%
Calcium (as Calcium citrate, D-glucarate, pantothenate)	212.4 mg	17%
Iron (as Iron bis-glycinate)	15 mg	83%
Iodine (from North Atlantic kelp)	150 mcg	100%
Magnesium (as Magnesium oxide, citrate)	200 mg	47%
Zinc (as Zinc lactate)	15 mg	136%
Selenium (as Selenium l-methyl selenocysteine)	150 mcg	273%
Copper (as Copper sebacate)	1.5 mg	167%
Manganese (as Manganese citrate)	2 mg	87%
Chromium (as Chromium polynicotinate)	150 mcg	429%
Molybdenum (as Molybdenum glycinate)	50 mcg	111%
Potassium (as Potassium citrate)	30 mg	<2%
SuperFood Complex	1.238 g	*
Chlorella, Organic Spirulina, Organic Oat grass juice extract, Organic North Atlantic kelp (stem and leaf)		

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

	Amount Per Serving	%DV
Herbal Extracts	650 mg	*
Atractylodes extract (root), Codonopsis extract (root), Cordyceps extract (mycelia), Chaste tree extract (fruit), Dong quai extract (root), Eleuthero extract (root), Green tea extract (leaf), Poria cocos extract (sclerotia), Red sage extract (root), White peony extract (root), Organic Goji berry		
Female Support Factors	250 mg	*
Calcium D-glucarate, Ipriflavone, DIM (diindolylmethane)		
Bioflavonoids	150 mg	*
Hesperidin (from citrus sinensis), Quercetin (from Japanese Sophora bud extract), Rutin extract (from Sophora japonica L. bud)		
Organic Vegetable Extracts	150 mg	*
Organic Broccoli extract (whole head), Organic Collards extract (leaf), Organic Parsley extract (leaf)		
Antioxidants	125 mg	*
L-Cysteine, MSM, Alpha lipoic acid		
Fruit Extracts	100 mg	*
Grape, Cranberry, Blueberry, Pomegranate, Apple, Bilberry, Blackberry, Raspberry and Strawberry fruit extract blend, Organic Acai berry extract		
Co-Nutrients	75.3 mg	*
Mixed tocopherol complex, Inositol, Octacosanol		
Minerals	54 mg	*
Ionic Sea Minerals, Boron (as Boron glycinate), Bamboo extract (stem and leaf), Vanadium (as Vanadium nicotinate glycinate)		
Digestive Aids/Enzymes	27 mg	*
Protease, Amylase, Cellulase, Lactase, Lipase, Invertase, Black pepper fruit extract (BioPerine [®])		
*Daily Value (DV) not established.		

Other Ingredients: silicon dioxide, croscarmellose sodium, cellulose, stearic acid, l-leucine
VitaMK7[®] is a registered trademark of Gnosis. BioPerine[®] is a registered trademark of Sabinsa Corp.

Formulated & Distributed By:
Pure Essence Laboratories, Inc., P.O. Box 95397, Las Vegas, NV 89193
PureEssenceLabs.com • ©2008 All Rights Reserved

LifeEssenceTM Women is a complete nutritional system that delivers vitamins and minerals, organic SuperFoods, adaptogens, Superior Herbs, fruit and vegetable extracts and a potent group of uniquely feminine support factors. These foods and herbs provide countless phytochemicals and the clean, clear energy you need to function at peak levels 24/7. LifeEssenceTM Women supports:

- ✓ Immune Health*
- ✓ Vision Health*
- ✓ Cellular Health*
- ✓ Bone Health*

Suggested Use: Four tablets once daily. May be taken with a meal or on an empty stomach. May be taken in divided doses.
Storage: Keep closed in a cool, dry place.
Caution: Keep all supplements out of children's reach.

Does NOT Contain: wheat, milk, tree nuts, peanuts, soy, eggs, fish, shellfish

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



EXP 05/2026 230143

303-06003-008