

LEMON-LIME FLAVOR



LifeEssence™ POWDER

WHOLE FOOD BASED
MULTIVITAMIN BEVERAGE MIX
AMAZINGLY ENERGIZING*

7.3 OZ (207 G) | 30 SERVINGS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Level Scoops (6.9 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	23.25	
Total Fat	0 g	0% ¹
Total Carbohydrates	4.22 g	1% ¹
Dietary Fiber	0.7 g	3% ¹
Sugars	0 g	
Protein	0.97 g	2% ¹
Vitamin A (as beta carotene) (4,500 IU)	1350 mcg	150%
Vitamin C (as ascorbic acid)	600 mg	667%
Vitamin D3 (as VitaShine™ vegan cholecalciferol) (1000 IU)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate) (200 IU)	166 mg	1107%
Vitamin K2 (as menaquinone-7) (VitaMK7®)	40 mcg	33%
Thiamine (Vitamin B1) (as thiamine mononitrate)	23 mg	1917%
Riboflavin (Vitamin B2)	26 mg	2000%
Niacin (as niacinamide, niacin)	80 mg	500%
Vitamin B6 (as pyridoxine HCl)	20 mg	1176%
Folate (as Quatrefolic® (6S)-5-Methyltetrahydrofolate, glucosamine salt)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	200 mcg	8333%

	Amount Per Serving	%DV
Biotin (as d-biotin)	300 mcg	1000%
Pantothenic acid (as d-calcium pantothenate)	100 mg	2000%
Choline (as Choline bitartrate)	30 mg	5%
Calcium (as Calcium lactate, d-calcium pantothenate)	152.2 mg	12%
Iodine (from North Atlantic kelp)	150 mcg	100%
Magnesium (as Magnesium carbonate)	150 mg	36%
Zinc (as Zinc lactate)	15 mg	136%
Selenium (as Selenium l-methyl selenocysteine)	200 mcg	364%
Copper (as Copper gluconate)	1 mg	111%
Manganese (as Manganese citrate)	1 mg	43%
Chromium (as Chromium polynicotinate)	200 mcg	571%
Molybdenum (as Molybdenum glycinate)	50 mcg	111%
Potassium (as Potassium citrate)	99 mg	2%

SuperFood Complex	1.138 g	*
Chlorella, Organic Oat grass juice extract, Organic North Atlantic kelp (stem and leaf)		
Co-Nutrients	450.3 mg	*
Sunflower lecithin, Inositol, Mixed tocopherol complex, Octacosanol		

	Amount Per Serving	%DV
Herbal Extracts	255 mg	*
Bacopa monnieri extract (whole herb), Codonopsis extract (root), Cordyceps extract (mycelia) (100% liquid submerged fermentation), Astragalus extract (root), Green tea extract (leaf), Organic Goji berry, Eleuthero extract (root), Poria cocos extract (sclerotia)		
Antioxidants	85 mg	*
MSM, L-Cysteine, Alpha lipoic acid		
Bioflavonoids	80 mg	*
Hesperidin (from citrus sinensis), Quercetin (from Japanese Sophora bud extract), Rutin extract (from Sophora japonica L. bud)		
Digestive Aids/Enzymes	25 mg	*
Protease, Amylase, Cellulase, Lactase, Lipase, Invertase		
Minerals	15.3 mg	*
Ionic Sea Minerals, Boron (as Boron glycinate), Bamboo extract (stem and leaf), Vanadium (as Vanadium nicotinate glycinate)		

¹Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value (DV) not established.

Other Ingredients: citric acid, natural lemon (flavor), natural citrus (flavor), stevia leaf extract (for use as a sweetener), natural masking flavor

Formulated & Distributed By:
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LifeEssence™ Powder is the world's most profound multiple beverage mix, combining vitamins, minerals, trace elements, enzymes, co-nutrients, SuperFoods, adaptogens and Superior Herbs. In these foods are phytochemicals and energies that holistic health practitioners have used for millennia to build optimal health. This remarkable nutritional system:

- ✓ Provides Vitamin & Mineral Needs*
- ✓ Supports Antioxidant Systems*
- ✓ Supports Immune Function*
- ✓ Promotes Energy (With No Stimulants)*

Suggested Use: (2) scoops daily. Stir in 8 oz of warm or cold water, juice, rice or soy milk or add to your favorite smoothie recipe.

Storage: Keep closed in a cool, dry place.

Caution: Keep all supplements out of children's reach.

Does NOT Contain: wheat, milk, tree nuts, peanuts, soy, eggs, fish, shellfish

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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