DAVID PERLMUTTER, M.D.



America's Brain-Health Expert. a Board-Certified

Neurologist, #1 New York Times best-selling author. Fellow of the American College of Nutrition, and expert in the human MICROBIOME.

Quickly Digested, Absorbed & Converted into Energy[†]

Medium chain triglycerides (MCTs) are naturally found in coconut oil and are fast fuel for Body and Brain.

- ▶ 13g of MCTs (including caprylic and capric acids) per serving
- Only from sustainably grown organic coconuts
- No palm oil or other filler oils
- Hexane-Free
- Non-Hydrogenated, Og Trans Fat
- Paleo & Ketogenic diet-friendly



Dr. Formulated

BRAIN HEALTH

100[%] ORGANIC COCONUT

UNFLAVORED





FAST FUEL for **BODY & BRAIN** MEDIUM CHAIN TRIGLYCERIDES

16 FL OZ (1 PINT) 473 mL

DIETARY SUPPLEMENT (K)

Suggested Use: Take 1 Tbsp. Try in coffee. shakes, vogurt or on salads. Not intended for cooking.

Supplement Facts

Servings Per Container 32

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14 g	17%*
Saturated Fat	14 g	70%*
Trans Fat	0 g	-
Polyunsaturated Fat	0 g	4
Monounsaturated Fat	0 g	-
Cholesterol	0 mg	0%
Medium Chain Triglycerides (MCTs)	13 g**	4
C8:0 - Caprylic Acid	8 g**	
C10:0 - Capric Acid	5 q**	

* Percent Daily Values are based on a 2,000 calorie diet. +Daily Value not established

INGREDIENTS: 100% Organic Coconut Medium Chain Triglycerides

**Naturally occurring. No refrigeration required.

Keep out of reach of children.

Do not use if safety seal is broken or missing.

Manufactured in a facility that also processes wheat, egg, milk, soy, fish, crustacean shellfish, peanut, tree nuts and sesame













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