Perfect Food® *Super Green Formula* has more greens per serving than other green food supplement formulas. Made with vegetable, sprout and organically grown cereal grass ingredients, one serving is equivalent to 140 grams of fresh grass juice to ensure your body receives the nutritional benefits of multiple servings of fruit and vegetables.†

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Manufactured in a facility that also processes egg, milk, soy, wheat, tree nuts and sesame.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The density of the powdered ingredients in this product naturally vary from lot to lot and require space in the container at the time of packaging. Over time the powders settle, causing the container to appear less full than when it was first packaged. This product is sold by weight and not by volume.

ESTIMATED MINIMUM FILL

Distributed by Garden of Life LLC
4200 Northcorp Parkway
Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A. and other countries.
www.gardenoflife.com

PFP140L-061623

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PLEASE RECYCLE

We Are Powered with Renewable Energy

FIBER

Garden of Life

MORE GREENS PER SERVING!

Perfect Food®

Super Green Formula

Phytonutrient-Dense Superfoods
Sprouted & Fermented Ingredients
Made with Young Cereal Grass Juices

ABOUT 14 SERVINGS
Net Wt 4.93 oz (140 g)

Whole Food Dietary Supplement

Serving Size 1 Level Scoop (About 10g)
Directions: Mix contents of Scoop in 8 oz (240 ml) of water or drink of choice. Begin with 1 serving size for the first few days and gradually work up to the full serving size.

Recipe with 1 serving size for the first few days and gradually work up to the full serving size.

Supplement Facts

Amount Per Serving	% Daily Value
Calories	40
Total Fat	1 g
Total Carbohydrate	5 g
Dietary Fiber	1 g
Sugars	1 g
Includes 1 g Added Sugars	2%
Protein	3 g
Vitamin A (as beta-carotene)	2,400 mcg
Vitamin C (as Ascorbic Acid)	60 mg
Calcium (from Algae)	60 mg
Iron	2 mg
Sodium	85 mg

Perfect Green Juice Blend	3 g
Organic Barley Grass Juice†, Organic Alfalfa Grass Juice†, Organic Wheat Grass Juice†, Organic Spirulina†, Organic Chlorella†	
Perfect Protein Mineral Blend	3.3 g
Organic Pea Protein†, Organic Algae (Ascophyllum nodosum)†, Calcium Citrate, Organic Flax Seed Sprout, Amaranth Sprout, Chia Seed Sprout, Garbanzo Bean Sprout, Sesame Seed Sprout, Lentil Sprout, Quinoa Sprout, Buckwheat Sprout, Millet Sprout, Brown Rice Sprout, Adzuki Bean Sprout, Organic Pumpkin Seed Sprout, Lentil Sprout	
Fermented Whole Food Matrix	2.2 g
Organic Alfalfa Grass†, Organic Barley Grass†, Organic Wheat Grass†, Organic Spirulina†, Organic Chlorella†, Colostrum (from Cow's Milk), Probiotic Blend (Lactobacillus acidophilus, Lactobacillus plantarum, Lactobacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium longum), Organic Enzyme Blend (Amylase, Protease, Lipase, Cellulase, Lactase, Maltase, Invertase, Glucoamylase, Bromelain, Papain), Organic Fruit & Vegetable Juice Blend (Organic Apple, Organic Carrot, Organic Pineapple, Organic Orange, Organic Lemon, Organic Banana, Organic Grape, Organic Cranberry, Organic Pomegranate, Organic Acerola Cherry, Organic Camu Camu, Organic Lime, Organic Ginger Root)	
Perfect Energy Juice Blend	1.5 g
Organic Alfalfa Grass†, Organic Barley Grass†, Organic Wheat Grass†, Organic Spirulina†, Organic Chlorella†, Organic Green Tea Leaf†, Organic Yerba Mate Leaf†, Organic Guarana Seed†, Organic Cocoa (Theobroma cacao) Seed†, Organic Coffee Fruit†, Organic Ginkgo biloba Leaf†, Organic Rhodiola rosea Root†, Organic Ginseng (Panax ginseng) Root†, Organic Maca (Lepidium meyenii) Root†, Organic Ashwagandha (Withania somnifera) Root†, Organic Cordyceps (Cordyceps sinensis) Mycelium†, Organic Reishi (Ganoderma lucidum) Mushroom†, Organic Lion's Mane (Hericium erinaceus) Mushroom†, Organic Turmeric (Curcuma longa) Root†, Organic Ginger (Zingiber officinale) Root†	
Perfect Digestive Blend	4.5 mg
Fennel Seed Extract (Foeniculum vulgare), Rebaudioside A from Stevia rebaudiana Bertoni leaf.	

Contains: Wheat/gluten, tapioca

May Contain: Milk, soy

†Organic Ingredient

‡Supplies are cultured in dairy, which is generally consumed during the fermentation process.