Perfect Food® Original Formula is a whole food blend made with vegetable, sprout and organically grown cereal grass ingredients. One serving is equivalent to 148.5 grams of fresh grass juice to ensure your body receives the nutritional benefits of multiple servings of fruit and vegetables.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Manufactured in a facility that also processes egg, milk, soy, wheat, tree nuts and sesame.

The density of the powdered ingredients in this product naturally vary from lot to lot and require space in the container at the time of packaging. Over time the powders settle, causing the container to appear less full than when it was first packaged. This product is sold by weight and not by volume.

ESTIMATED MINIMUM FILL

PF0300L-070523



Distributed by Garden of Life LLC

4200 Northcorp Parkway Palm Beach Gardens, FL 33410 USA Made in the U.S.A. from foods grown in the U.S.A. and other countries. www.gardenoflife.com © 2003 Garden of Life LLC















Perfect Food® Original

Super Green Formula

Phytonutrient-Dense Superfoods Sprouted Ingredients HSO Probiotics Digestive Enzymes

ABOUT 30 SERVINGS Net Wt 10.58 oz (300 g)

Whole Food Dietary Supplement

Suggested Use: Adults mix 1 scoop (2 tablespoons) in 8oz of water or juice daily. Begin with 1/4 serving size for the first few days, gradually working up to a full serving size. May be taken with or without food. Not intended for children. Scoop included.

Supplement Facts

Servings Per Container About 30

	Amount Per Serving	% Daily Value
Calories	40	
Total Fat	1 g	196
Total Carbohydrate	5 g	2%
Dietary Fiber	1 g	4%
Total Sugars	1 g	
Includes 0 g Added Sugars		0%
Protein	3 g	
Vitamin A (as beta-carotene)	1,600 mcg	178%
Calcium	20 mg	2%
Iron	4 mg	22%
Sodium	70 mg	3%
Potassium	227 mg	5%

Perfect Green Juice Blend Organic Barley Grass (juice & solubles), Organic Alfalfa Grass (juice), Organic Wheat Grass

Perfect Whole Food Matrix Rice Bran Extract, Amaranth Sprout, Ouinoa Sprout, Millet Sprout, Organic Buckwheat Sprout, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Organic Flax Seed

Sprout, Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Chia Seed Sprout, Organic Sesame Seed Sprout Protein Mineral Blend

Spirulina, Chlorella, Kelp Blend Perfect Veggie Juice Blend Organic Alfalfa Grass, Organic Beet (root), Organic Carrot (root), Organic Broccoli (flower

& stem), Organic Tomato (fruit), Cucumber (gourd), Organic Kale (leaf), Organic Spinach (leaf), Organic Parsley (leaf), Organic Green Cabbage (leaf), Celery (stalk), Cauliflower (flower & stem), Organic Green Bell Pepper (fruit), Asparagus (flower & stem), Brussels Sprout (leaf), Organic Onion (bulb), Organic Garlic (bulb), Organic Ginger (root)

HSO Probiotic & Enzyme Blend Peptidase, Bromelain, Phytase, Hemicellulase, beta-Glucanase, Papain, Cellulase, Xylanase, Diastase, Invertase, Bacillus subtilis DE111° (250 Million CFU)*

Ionic Plant Based Minerals 1 Percent Daily Values based on a 2,000 calorie diet.

+Daily Value not established.

Contains: Wheaterass, sesame

DE111° is a trademark of Deerland Probiotics & Enzymes, Inc.

Probiotics are cultured in dairy which is generally consumed during the fermentation process.