



MTN OPS®
YETI™

POWERFUL PRE-WORKOUT

DIETARY SUPPLEMENT • NET WT. 15.5 OZ (441 G)



BLUE RASPBERRY

NATURAL
FLAVORS

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Supplement Facts

Serving Size 1 Scoop/Pack (15 g)

Amount Per Serving		%DV
Calories	10	
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin D (as Cholecalciferol)	62 mcg	310%
Vitamin K (as Menaquinone-7)	20 mcg	17%
Niacin (as Niacinamide)	50 mg	313%
Vitamin B6 (as Pyridoxine HCL)	2 mg	118%
Folate (as 240 mcg folic acid)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	5 mcg	208%
Magnesium (as Magnesium Citrate)	20 mg	5%
Chromium (as Chromium Picolinate)	200 mcg	571%
L-Arginine	5 g	†
L-Citrulline	1 g	†
Creatine Monohydrate	2 g	†
Beta Alanine	1 g	†
L-Glutamine	400 mg	†
Caffeine Anhydrous	200 mg	†
Black Pepper Extract (Fruit)	5 mg	†

† Daily Value (DV) not established

Other Ingredients: Citric Acid, Natural Flavor, Silica, Sucralose, Xanthan Gum, Spirulina (Color).

DIRECTIONS: Mix one serving (1 scoop) of MTN OPS® YETI™ in 10-16 oz. of water. Consume it 30 minutes before an intense workout for MASSIVE PUMPS.‡

STORAGE: Store in a cool, dry place. Slight color change may occur over time from the natural flavor. This is normal and does not change efficacy or potency.



**ZERO
SUGAR**



**GLUTEN
FREE**

MANUFACTURED IN THE USA

WITH QUALITY INGREDIENTS SOURCED WORLDWIDE

MTN OPS®
YETI™

POWERFUL PRE-WORKOUT

AVAILABLE IN

30
SERVINGS