

BENEFITS



MUSCLE
BUILDING[†]



MUSCLE
MASS GAINS[†]



MUSCLE
STRENGTH[†]



INCREASED
POWER OUTPUT[†]



REDUCED
FATIGUE[†]



SOLUBILITY &
ABSORPTION[†]



MTN OPS[®]

CREATINE

MICRONIZED
CREATINE
MONOHYDRATE

MUSCLE DEVELOPMENT[†]

UNFLAVORED

DIETARY SUPPLEMENT - NET WT. 8.8 OZ (250 G)

Supplement Facts

Serving Size 1 Scoop (8 g)
Servings Per Container 50

Amount Per Serving	% Daily Value
Micronized Creatine Monohydrate	8g 1
*Daily Values are estimated.	

Other Ingredients: None



100%
PURE



HIGH
PERFORMANCE



PREMIUM
QUALITY



GLUTEN
FREE

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

★ MTN OPS[®] GUARANTEE ★

MTN OPS

Manufactured exclusively for MTN OPS[®]
Fruit Heights, UT 84037 USA (888) 752-3383

MANUFACTURED IN THE USA
with quality ingredients sourced worldwide

DIRECTIONS: Mix one serving (1 scoop) in water, pre-workout, or drink of your choice.

• **INITIAL CREATINE LOADING PHASE:**
Consume one serving up to four times throughout the day with water and a meal for 5-7 days.

• **ONGOING CREATINE MAINTENANCE:**
Consume one serving once per day.

STORAGE: Store in a cool, dry place.

CAUTION: Do not exceed recommended dose. Consume with water during supplementation. Excessive creatine intake can result in stomach discomfort, diarrhea, or cramping. Children under the age of 18 and individuals who are pregnant, nursing, or with medical conditions should consult a physician before taking supplements.



MTN OPS[®] GUARANTEE
IF YOU ARE NOT 100% SATISFIED WITH YOUR PURCHASE, WE WILL REFUND YOUR MONEY.
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