



supports
calmness*



with clinically
studied KSM-66*



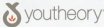
helps maintain
healthy
cortisol levels*



enhanced
with ginger
extract

Ashwagandha (Indian Ginseng) is nature's antidote to modern stress. When combined with PharmaGABA®, a natural byproduct of fermentation that helps manage stress, these two ingredients support the body's response to physical and mental stressors, while boosting stamina, endurance, cognitive health, and overall well-being.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ashwagandha + GABA

helps reduce stress | with memory support**

featuring KSM-66® and PharmaGABA®

60 vegetarian capsules

dietary supplement

Suggested Use: (Adults) Take two (2) capsules once daily.*

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Full Spectrum Ashwagandha Blend	1,000 mg	--
Organic Ashwagandha (root) extract (KSM-66®)	(600 mg)	--
Organic Ashwagandha (root) powder	(400 mg)	--
GABA (gamma-aminobutyric acid) (from 125 mg of PharmaGABA® standardized to 80% GABA)	100 mg	--
Ginger (root) extract (Ginger™)	20 mg	--
**Daily Value not established		

Other Ingredients: Vegetarian capsule (hypromellose), vegetable magnesium stearate, silicon dioxide.

This product is manufactured in a facility that processes fish extracts and eggshells.

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

*The recommended dosage is two capsules per day. But for more personalized results, start with one capsule per day and slowly ramp up (adding an additional capsule per day as needed) until you feel the effects are right for you. Use daily for optimal results.

PharmaGABA® is a registered trademark of Pharma Foods International Co., Ltd. (Japan)
KSM-66 Ashwagandha® is a registered trademark of Isorex Biomed, Inc.
Ginger™ is a trademark of OmniActive Health Technologies Ltd.



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