

WARNINGS: Not recommended for use in amounts over the recommended daily intake of 420mg per day (1 tablet). Ask a doctor or pharmacist before use if you have a known allergy to this product. Stop use and contact a doctor if allergic reaction occurs. Consult a doctor before using this product if you have kidney disease or are pregnant or nursing a baby. May have a laxative effect.

DIRECTIONS: Adults: Take one tablet daily with a meal as a dietary supplement or as directed by a doctor.

OTHER INFORMATION:

- Store at Controlled Room Temperature 15-30°C (58-86°F)
- Store in original container with lid tightly closed in a dry place
- Keep out of reach of children
- Do not use if imprinted safety seal under cap is broken or missing
- Use by expiration date on package



NDC 69375-0008-10

Magnesium Oxide

420 mg

Dietary Supplement

100 TABLETS

Made in the USA

Supplement Facts

Serving Size: 1 Tablet

Amount Per Tablet	% Daily Value*
Magnesium 252 mg (From Magnesium oxide 420 mg)	63%

*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Titanium dioxide, Hypromellose.

Manufactured for/Distributed by:
Nationwide Pharmaceutical LLC
San Antonio, TX 78216
Rev 4/2004

