

MM MUSCLE
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 AMERICA'S CREATINE EXPERTS
 SINCE 1995

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ALPHA ATP

FEEL POWERFUL WHOLE BODY ENERGY IN SECONDS*
**CHERRY
LEMONADE**
AN INSTANTLY-ABSORBING FIVE-GRAM DOSE OF STABLE CREATINE*

This changes everything: Attention exercise junkies, kettlebell hingers, apparatus punishers, iron pumpers, crazy-training runners, and cycling fanatics. The force your life runs on, body energy, now comes in convenient single-servings.*

Not your average energy drink mix: This is the world's only Creatine Exercise Fuel formulated with stable/soluble/absorbable/creatine. Reinforced with Caffeine, L-Arginine, L-Glutamine, and Taurine. It's 100% absorbable.*

The best fuel for better exercise: Join the ranks of elite athletes with our premium creatine sport fuel drink. Challenge yourself. This will change the way you train. With superior sports fuel, you can take your workout to the next level.*

EMERSON

Creatine.com

 DIETARY SUPPLEMENT
30 - 10.4g Sachets
 NET WT. 312g

Supplement Facts

 Serving Size 1 Sachet (10.4 g)
 Servings per Container 30

	Amount Per Serving	% DV**
Calories	11	
Total Fat	0 g	1%
Saturated Fat	0 mg	0%
Cholesterol	30 mg	1%
Sodium (as Sodium Citrate)	18 mg	41%
Potassium (as Potassium Citrate)	2.5 g	1%
Total Carbohydrates	2 g	7%
Dietary Fiber	0 g	0%
Total Sugars	<1 g	2%
Protein		
Vitamin B (as cholecalciferol)	14 mcg (560 IU)	70%
Vitamin B1 (as Thiamin)	1.2 mg	100%
Vitamin B2 (as Riboflavin)	1.3 mg	100%
Vitamin B3 (as Nicotinamide)	8 mg NE	50%
Vitamin B6 (as Pyridoxine HCl)	1.7 mg	100%
Vitamin B12 (as Methylcobalamin)	2 mcg	83%
Chromium (as Chromium picolinate)	100 mcg	283%
Creatine monohydrate	5 g	†
Caffeine (as caffeine anhydrous and natural caffeine from coffee bean)	150 mg	†
Taurine	250 mg	†
L-Glutamine (as L-Arginine HCl)	100 mg	†
L-Glutamine	100 mg	†
Sagepalm® (Black pepper extract/ Piper nigrum)	5 mg	†
Quercetin from Quercetin (quercetin)	2 mg	†

† Only value not established.
 Other ingredients: Natural flavors, Inulin (fructooligosaccharides), Natural cherry flavor, natural low-sodium berry flavor, guar gum, Stevia, silicon dioxide (as an anticaking agent), Xanthan gum, Sodium silico-phosphate (as an anticaking agent), Sucralose, pea fiber, sunflower lecithin and FD&C Red No. 40.

No Artificial Flavors, Gluten-Free, Zero Sugars.

Not recommended for children & pregnant women.

Caffeine Warning: The recommended dose of this product contains about as much caffeine as a cup of coffee. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat.

**STORE PRODUCT AT ROOM TEMPERATURE.
DO NOT EXPOSE TO EXCESSIVE HEAT OR MOISTURE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN

Consult your healthcare professional before using any dietary supplement.

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It is time to break away from your normal training.

Drink Alpha ATP before or during a workout and recharge your body's ATP, creatine, and other nutrients for more power, endurance, and muscle gains. An excellent workout can be achieved with one serving. Supercharge your workouts with Alpha ATP. UNLIKE OTHER WORKOUT drinks, Alpha ATP is for endurance athletes, bodybuilders, and fitness-obsessed men and women. With this fantastic blend of ingredients, you'll see precisely how great your workouts can be.*

Suggested use:

Take one sachet with 11 to 16 oz of water and mix thoroughly before drinking.

Our creatine is 100% stable, meaning it won't degrade into creatinine—a useless byproduct of creatine that can actually be harmful to your health. It's stable for one year after mixing, so you can take it with confidence knowing you're getting the best product possible. It won't cause water gains, bloating, or dehydration.*

Creatine.com

MANUFACTURED IN THE USA

