SUGGESTED USE: DO NOT EXCEED 1 SCOOP PER DAY. Mix. 1 scoop (1 serving) of GHOST LEGEND® with 6-8oz of water or beverage of choice. Vary amount of liquid to taste. Start with less than 1 scoop to assess your tolerance. Consume prior to exercise on training days.

GHOST LEGEND® WAS CONCEIVED TO POWER LEGENDRY IN ALL OF ITS FORMS*



FITNESS







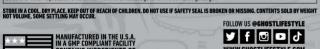
WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. DO NOT EXCEED RECOMMENDATIONS FOR SUGGESTED USE. Before using this product, consult a licensed, qualified healthcare professional especially if you are taking any prescription or over-the-counter medications or other dietary supplements, or if you have, or have been treated for, diagnosed with or have a tamily history of, any medical condition. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are prenant, nursing, or trying to become pregnant. This product cannot be suitable for individuals who are sensitive to caferine. Bo not consume caferien from other sources while taking this product as to much caferien may cause difficulty sleeping. Beta Alanine may cause a harmless, temporary tingling sensation. Consume as part of a healthy diet and exercise program, and drink plenty of water.

California Prop 65 Warning: This product may expose you to chemicals known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.



CONTAINS INGREDIENTS O

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.







SUPPLEMENT FACTS

Serving Size: 1 Scoop (14.5 g) Servings Per Container: 30

A	mount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%**
Total Sugars	0 g	t
Includes 0g Added Sugars		0%**
Choline (from VitaCholine® Choline Bitartrate)	200 mg	36%
Potassium	110 mg	2%
GHOST LEGEND®		
L-Citrulline (Vegan Fermented)	4000 mg	t
Beta-Alanine	3200 mg	+
Nitrosigine® (Inositol Stabilized Arginine Silicat	e) 1500 mg	+
VitaCholine® Choline Bitartrate	500 mg	+
Natural Caffeine (from Coffee (Coffea spp.) Be	an) 250 mg	+
Theobromine	100 mg	†
NeuroFactor™ Coffee (Coffea arabica) Fruit ex	ktract 100 mg	1
AstraGin® Astragalus membranaceus Root extract, Panax notoginseng Root extract	50 mg	Ť
** Percent Daily Values (DV) are based on a 2,000 calori	e diet.	

OTHER INGREDIENTS: Citric Acid, Malic Acid, Natural Flavor, Silicon Dioxide, Calcium

MANUFACTURED FOR GHOST LLC 5651 S Edmond Street, Las Vegas, NV 89118, U.S.A. 1-864-6H0ST-88 (446-7888)

▼ VEGAN FRIENDLY

G GLUTEN FREE

S SOY FREE

S SUGAR FREE

AstraGin®, NuLiv Science USA, Inc. NeuroFactor™ is a trademark of VDF FutureCeuticals. Inc Nitrosigine® is a registered trademark of Nutrition21, LLC.
VitaCholine® is a registered trademark of Balchem Corporation.