SUGGESTED USE: DO NOT EXCEED 2 SCOOPS (SERVINGS) PER DAY As a dietary supplement, take 1 scoop (1 serving) of EHDST* BURN with 5-6oz of water or beverage of choice. New users, and those sensitive to stimulants, should start with 1 scoop (1 serving) to assess their personal tolerance. Advanced users, mix 2 scoops (2 servings) with 10-12oz of water. EHDST* BURN may be taken with or without food.

GHOST® BURN WAS CONCEIVED TO COMBAT DESTROYERS OF ANY KIND*

WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS. 18 YEARS OF AGE OR OLDER, DO NOT EXCEED RECOMMENDATIONS. FOR SUGGESTED USE. Before using this groduct, consult a licensed, qualified healthcare professional, especially if; you are taking any prescription of over-the-counter medications or other dietary supplements, or if you have, or have been treated for diagnosed with or have a family history of an medical condition. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are pregnant or nursing, trying to become pregnant, or men or women that are sensitive to caffeine. Do not consumt caffeine from other sources while taking this product as too much caffeine may cause nervousness, irritability, sleeglessness, and occasionally rapid heartbeat. Do not use this product continuously for more than 8 weeks. Discontinue use two weeks prior to surgery. Consuming this product within hours of bedtime may cause difficulty sleeping. Consume as part of a healthy diet and exercise program, and drink plenty of water.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING, CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTLING MAY OCCUR.

*These statements have not been evaluated by the Food and Drug Administration.

WWW.GHOSTLIFESTYLE.COM This product is not intended to diagnose, treat, cure or prevent any disease.

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SERVINGS NET WT. 290g (10.2oz)

NATURALLY AND ARTIFICIALLY FLAVORED

SUPPLEMENT FACTS

Amount Per Serving	1 Scoop	%DV	2 Scoops	%DV
Calories	5		10	
Total Carbohydrate	2 g	1%**	4 g	1%*
Dietary Fiber	1 g	4%**	2 g	7%*
Total Sugars	0 g	†	0 g	
Chromium (as Chromium Picolinate)	500 mcg	1429%	1000 mcg	2857%
GHOST® BURN (SPECIAL EDITION)				
GHOST® Carnitine	1500 mg	Ť	3000 mg	
L-Carnitine Tartrate	750 mg	†	1500 mg	
Acetyl-L-Carnitine HCl	750 mg	t	1500 mg	
Garcinia cambogia fruit extract (60% Hydroxycitric Acid)	750 mg		1500 mg	1
Choline Bitartrate	500 mg		1000 mg	
KSM-66® Ashwagandha (Withania somnifera) Root extract	300 mg		600 mg	
L-Tyrosine	250 mg	+	500 ma	

Natural Caffeine (from Coffee (Coffea spp.) Bean) 150 mg Cocoa Bean (Theobroma cacao) Seed extract 50 mg (20% Theobromine) NeuroFactor™ Coffee (Coffea arabica) Grains of Paradise (Aframomum melegueta)
Seed extract (std. to 12% 6-paradol)

** Percent Daily Values (DV) are based on a 2,000 calorie diet.



