

****Diets low in saturated fat and cholesterol that include 2 g per day of phytosterols eaten with meals or snacks may reduce the risk of heart disease through the intermediate link of blood total and LDL cholesterol. A serving of Co Q-10 Heart Complex provides 500 mg of phytosterols.**

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 26168
www.puritan.com
1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
© 2022 Puritan's Pride, Inc.
B100445 00A



www.puritan.com



Puritan's Pride.

CO Q-10 HEART COMPLEX

*Triple Action Heart Support**

*Helps Lower
Blood LDL Cholesterol Levels***

**60 RAPID RELEASE
SOFTGELS**

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal.

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin E (as d-Alpha Tocopherol)	8 mg	53%
Phytosterol Complex	1,000 mg	***
Providing:		
Sterol Esters (Beta-Sitosterol, Stigmasterol, Campesterol, Other Sterols),		
Equivalent to 500 mg of plant sterols		
Coenzyme Q-10	100 mg	***
Nattokinase	100 mg	***
(Nattokinase Activity 2,000 FU [fibrinolytic units])		

***Daily Value not established.

Other Ingredients: Gelatin, Soybean Oil, Vegetable Glycerin. Contains <2% of: Caramel Color, Maltodextrin, Soy Lecithin, Yellow Beeswax.

Contains soy ingredients.