

SUGGESTED USE: Adults, as a dietary supplement, take two (2) capsules daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Providing quality products since 2001.

The Cod Liver Oil in this product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org

MSC-C-59755

10421-v100



DR. MERCOLA®

WILD ALASKAN COD LIVER OIL

1,300 mg Cod Liver Oil Per Serving

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



**OMEGA-3s
WITH NATURALLY
OCCURRING
VITAMINS A & D**

60 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Fat	1.5 g	2%*
Cholesterol	10 mg	3%*
Vitamin A (from Cod Liver Oil)	234 mcg RAE (780 IU)	26%
Vitamin D (from Cod Liver Oil)	1.3 mcg (52 IU)	7%
Alaskan Cod Liver Oil [^]	1,300 mg	**
Total Omega-3 Fatty Acids	280 mg	**
EPA (Eicosapentaenoic Acid)	130 mg	**
DHA (Docosahexaenoic Acid)	100 mg	**
DPA (Docosapentaenoic Acid)	13 mg	**
Naturally Occurring Pro-Resolving Mediators (Including 14-HDHA, 17-HDHA, and 18-HEPE)	26 mcg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Fish Gelatin), Organic Lemon Oil, Mixed Tocopherols (from Sunflower).

CONTAINS FISH (COD, TILAPIA).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

[^]Cod - MSC Certified