

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, HAVE A BLOOD COAGULATION OR OTHER MEDICAL CONDITION, OR ARE TAKING MEDICATION SUCH AS ANTICOAGULANTS CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

DR. MERCOLA®

VITAMINS A·D·K

**5,000 IU
Vitamin A**

**5,000 IU
Vitamin D₃**

**180 mcg
Vitamin K₂**

Per Capsule

30 Capsules | Dietary Supplement

10439-v101



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Retinyl Palmitate)	1,500 mcg (5,000 IU)	167%
Vitamin D ₃ (as Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K ₂ [as Menaquinone-7 (MK-7, from Chickpea)] [^]	180 mcg	*

[^]Daily Value (DV) not established.

OTHER INGREDIENTS: Gum Acacia, Glycerol Monostearate, Capsule (Hydroxypropyl Methylcellulose), Microcrystalline Cellulose, Medium Chain Triglycerides, Organic Rice Extract, Organic Rice Hull, Ascorbyl Palmitate, Silicon Dioxide, Vitamin E, Rosemary (Leaf) Extract.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

[^]MenaQ7® is a registered trademark of NattoPharma AS, Norway.

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FREE**