

SUGGESTED USE: Adults, as a dietary supplement, take ten (10) tablets daily with food. Alternatively, take five (5) tablets with breakfast and five (5) tablets with dinner.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, HAVE A BLOOD COAGULATION OR OTHER MEDICAL CONDITION, OR ARE TAKING MEDICATION SUCH AS ANTICOAGULANTS CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Providing quality products since 2001.

10441-v100



DR. MERCOLA[®]

MULTIVITAMIN MINI-TABS

WITH 8 KEY NUTRIENTS

300 Tablets | Dietary Supplement

Supplement Facts

Serving Size: 10 Tablets

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Retinyl Palmitate)	1,500 mcg (5,000 IU)	167%
Vitamin D (as Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin E [as d-Alpha-Tocopheryl Succinate (from Sunflower Oil)]	134 mg	893%
Folate (5-Methyltetrahydrofolic Acid, Calcium Salt)	665 mcg DFE	166%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41667%
Choline (from Choline Bitartrate)	550 mg	100%
Magnesium (from Magnesium Glycinate)	200 mg	48%
Vitamin K2 [as Menaquinone-7 (MK-7, from Chickpea)]^^	180 mcg	*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Glycerol Monostearate, Ascorbyl Palmitate, Silicon Dioxide, Tablet Coating[^] (Tapioca Maltodextrin[^], Sunflower Lecithin[^], Palm Oil[^], Guar Gum[^]), Gum Acacia, Medium Chain Triglycerides, Rosemary (Leaf) Extract, Vitamin E.
[^]Organic Ingredients

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